

ATTACHMENT

B

WEEK ONE - Main Menu

* = Free Flow

000444

EXHIBIT 2

MONDAY	* 50% Fruit Juice Drink * Farina Beef Sausage Pancakes (Mix - 6 ozv total) * Syrup Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Sugar/Sugar Sub	8 oz 1 c 2 oz 3 @ 1 1/2 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	Fruit * Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Beef & Noodles (3 oz ground beef) Pinto Beans Biscuit 1/60 Margarine Cookies (Mix - 2 oz total) * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt	1 @ or 1 c 1 c 1/2 c / 1/2 oz 8 oz 3/4 c 1 @ 1/2 oz 2 @ 8 oz 8 oz 1 @	Country Fried Beef Pattie * Gravy Whipped Potatoes * Mixed Greens * Coleslaw Bread Margarine Fruit Crisp * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt	4 oz 1/4 c 3/4 c 1/2 c 1/2 c 2 sl 1/2 oz 1/2 c 8 oz 8 oz 1 @
			Veg Sub: Vegetarian Beans	1 c	Veg Sub: Mac & Cheese	1 c
TUESDAY	* 50% Fruit Juice Drink * Ready To Eat Cereal Scrambled Eggs Bread Jelly Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Sugar/Sugar Sub	8 oz 1 c 4 oz 2 sl 1 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	* Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Breaded Chicken Pattie (3 oz meat) * Mayo-type Dressing Hamburger Bun Rice & Pinto Beans (1/2 c each) * Corn Iced Cake 1/60 or Fruit * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veg Sub: Vegetarian Beans	1 c 1/2 c / 1/2 oz 4 oz 1/2 oz 1 @ 1 c 1/2 c / 1/2 oz 1 @ 8 oz 8 oz 1 @ 1 c	Pork Ham OR Baked Fish Fillet Scalloped Potatoes * Mixed Vegetables * Coleslaw Bread Margarine Applesauce * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt	3 oz 3 oz 3/4 c 1/2 c 1/2 c 2 sl 1/2 oz 1/2 c 8 oz 8 oz 1 @
					Veg Sub: Mac, Cheese, Tomato (3 oz soy)	8 oz
WEDNESDAY	* 50% Fruit Juice Drink * Oatmeal Fried Eggs Bread Jelly Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Sugar/Sugar Sub	8 oz 1 c 2 @ 2 sl 1 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	* Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Fried/Baked Beef Pattie Cheese Hamburger Bun * Mustard/* Catsup Tomato/Onion French Fries or Rice Fresh Fruit * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veg Sub: Soy Pattie	1 c 1/2 c / 1/2 oz 3 oz 1 oz 1 @ 1/2 oz @ 1 sl @ 3/4 c 1 @ 8 oz 8 oz 1 @ 3 oz	Fried Chicken Quarter * Gravy Whipped Potatoes * Corn * Green Salad * Dressing Cornbread 1/60 Margarine Iced Cake 1/60 or Fruit * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt	1 @ 1/4 c 3/4 c 1/2 c 1/2 c 1/2 oz 1 @ 1/2 oz 1 @ 8 oz 8 oz 1 @
					Veg Sub: Mac & Cheese	1 c
THURSDAY	* 50% Fruit Juice Drink * Ready To Eat Cereal Beef Gravy (2 oz ground beef) Biscuits 1/60 Jelly Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Sugar/Sugar Sub	8 oz 1 c 6 oz 2 @ 1 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	* Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Roast Beef Hamburger Bun * Mustard Potato Salad Cookies (Mix - 2 oz total) or Fruit * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veg Sub: Vegetarian Beans	1 c 1/2 c / 1/2 oz 3 oz 1 @ 1/2 oz 3/4 c 2 @ or 1 @ 8 oz 8 oz 1 @ 1 c	Meat/Cheese Pizza (4x6 - 3 oz meat/cheese) Pasta w/Sauce * Green Beans * Coleslaw Bread Margarine Iced Cake 1/60 or Fruit * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt	1 square 3/4 c 1/2 c 1/2 c 2 sl 1/2 oz 1 @ 8 oz 8 oz 1 @
					Veg Sub: Cheese Pizza	1 square
FRIDAY	* 50% Fruit Juice Drink * Oatmeal Pork Sausage Pattie Pancakes (Mix - 6 ozv total) * Syrup Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Sugar/Sugar Sub	8 oz 1 c 2 oz 3 @ 1 1/2 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	Fruit * Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Fried/Baked Fish Fillet * Tartar Sauce Macaroni & Cheese Bread Margarine * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veg Sub: Vegetarian Beans	1 @ or 1 c 1 c 1/2 c / 1/2 oz 3 oz 1/2 oz 3/4 c 2 sl 1/2 oz 8 oz 8 oz 1 @ 1 c	Chili Con Carne w/Beans (3 oz ground beef) Seasoned Rice * Carrots * Tossed Salad * Dressing Bread Margarine Iced Cake 1/60 * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veg Sub: Soy Chili (3 oz soy)	8 oz 3/4 c 1/2 c 1/2 c 1/2 oz 2 sl 1/2 oz 1 @ 8 oz 8 oz 1 @ 8 oz
SATURDAY	* 50% Fruit Juice Drink * Grits Scrambled Eggs Bread Jelly Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Sugar/Sugar Sub	8 oz 3/4 c 4 oz 2 sl 1 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	* Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Turkey Cheese * Mayo-type Dressing Lettuce/Tomato Auqratin Potatoes Bread Margarine Cookies (Mix - 2 oz total) or Fruit * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veg Sub: Vegetarian Beans	1 c 1/2 c / 1/2 oz 2 oz 1 oz 1/2 oz 1 sl ea 3/4 c 2 sl 1/2 oz 2 @ or 1 @ 8 oz 8 oz 1 @ 1 c	Meat Sauce (3 oz ground beef) Steamed Pasta * Peas * Lettuce Salad * Dressing Garlic Bread Margarine Iced Cake 1/60 or Fruit * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veg Sub: Soy, Pasta & Sauce (3 oz soy)	6 oz 3/4 c 1/2 c 1/2 c 1/2 oz 2 sl 1/2 oz 1 @ 8 oz 8 oz 1 @ 8 oz
SUNDAY	* 50% Fruit Juice Drink * Ready To Eat Cereal Pork Sausage Gravy (2 oz meat) Biscuits 1/60 Jelly Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Sugar/Sugar Sub	8 oz 1 c 6 oz 2 @ 1 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	* Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Fried/Baked Salisbury Pattie BBQ Sauce Rice O'Brien Bread Margarine Cookies (Mix - 2 oz total) or Fruit * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veg Sub: Vegetarian Beans	1 c 1/2 c / 1/2 oz 3 oz 1/4 c 3/4 c 2 sl 1/2 oz 2 @ or 1 @ 8 oz 8 oz 1 @ 1 c	Beef, Macaroni & Tomatoes (3 oz ground beef) * Peas * Tossed Salad * Dressing Bread Margarine Iced Cake 1/60 or Fruit * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veg Sub: Soy, Mac & Tomatoes (3 oz soy)	8 oz 1/2 c 1/2 c 1/2 oz 2 sl 1/2 oz 1 @ 8 oz 8 oz 1 @ 8 oz

WEEK TWO - Main Menu

* = Free Flow

000445

EXHIBIT 2

MONDAY	* 50% Fruit Juice Drink * Farina Beef Sausage Pancakes (Mix - 6 ozv total) * Syrup Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Suqar/Suqar Sub	8 oz 1 c 2 oz 3 @ 1 1/2 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	Fruit * Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Pork Ham or Turkey Cheese * Mustard Lettuce/Tomato Lyonnaisse Potatoes Bread Margarine Iced Cake 1/60 or Fruit * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veq Sub: Vegetarian Beans	1 @ or 1 c 1 c 1/2 c / 1/2 oz 2 oz 1 oz 1/2 oz 1 sl @ 3/4 c 2 sl 1/2 oz 1 @ 8 oz 8 oz 1 @ 1 c	Fried/Baked Meatloaf * Brown Gravy Steamed Rice * Steamed Cabbage * Tossed Salad * Dressing Bread Margarine Pudding * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veq Sub: Mac & Cheese	3 oz 1/4 c 3/4 c 1/2 c 1/2 c 1/2 oz 2 sl 1/2 oz 1/2 c 8 oz 8 oz 1 @ 1 c
TUESDAY	* 50% Fruit Juice Drink * Ready To Eat Cereal Scrambled Eqqs Bread Jelly Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Suqar/Suqar Sub	8 oz 1 c 4 oz 2 sl 1 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	* Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Burrito (Bean) Refried Beans * Spanish Rice Cookies (Mix - 2 oz total) or Fruit * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veq Sub: Vegetarian Beans	1 c 1/2 c / 1/2 oz 5 oz 3/4 c 3/4 c 2 @ or 1 @ 8 oz 8 oz 1 @ 1 c	Meat Sauce (3 oz ground beef) Steamed Pasta * Mixed Vegetables * Tossed Salad * Dressing Bread Margarine Applesauce * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veq Sub: Sov, Pasta & Sauce (3 oz soy)	6 oz 3/4 c 1/2 c 1/2 c 1/2 oz 2 sl 1/2 oz 1/2 c 8 oz 8 oz 1 @ 8 oz
WEDNESDAY	* 50% Fruit Juice Drink * Oatmeal Fried Eqqs Bread Jelly Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Suqar/Suqar Sub	8 oz 1 c 2 @ 2 sl 1 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	Fruit * Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Fried/Baked Beef Pattie Cheese Hamburger Bun * Mustard/* Catsup Tomato/Onion Potato Salad Cookies (Mix - 2 oz total) or Fruit * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veq Sub: Vegetarian Beans	1 @ or 1 c 1 c 1/2 c / 1/2 oz 3 oz 1 oz 1 @ 1/2 oz @ 1 sl @ 3/4 c 2 @ or 1 @ 8 oz 8 oz 1 @ 1 c	Taco Meat (3 oz ground beef) Shredded Cheese Refried Beans Shredded Lettuce Tortillas Iced Cake 1/60 or Fruit * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veq Sub: Soy Taco Meat (3 oz)	4 oz 1/2 oz 3/4 c 1/2 c 2 @ 1 @ 8 oz 8 oz 1 @ 4 oz
THURSDAY	* 50% Fruit Juice Drink * Ready To Eat Cereal Beef Gravy (2 oz ground beef) Biscuits 1/60 Jelly Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Suqar/Suqar Sub	8 oz 1 c 6 oz 2 @ 1 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	* Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Fried or Oven Baked Chicken Quarter * Gravy Whipped Potatoes Cornbread 1/60 Margarine Cookies (Mix - 2 oz total) or Fruit * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veq Sub: Vegetarian Beans	1 c 1/2 c / 1/2 oz 1 @ 1/4 c 3/4 c 1 @ 1/2 oz 2 @ or 1 @ 8 oz 8 oz 1 @ 1 c	Pork Ham or Fish Fillet * Pinto Beans * Corn * Tossed Salad / Dressing Bread Margarine Iced Cake 1/60 or Fruit * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veq Sub: Mac & Cheese	3 oz 3/4 c 1/2 c 1/2 c / 1/2 oz 2 sl 1/2 oz 1 @ 8 oz 8 oz 1 @ 1 c
FRIDAY	* 50% Fruit Juice Drink * Oatmeal Pork Sausage Pattie Pancakes (Mix - 6 ozv total) * Syrup Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Suqar/Suqar Sub	8 oz 1 c 2 oz 3 @ 1 1/2 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	* Vegetarian Soup (11/1 - 3/31) Fruit * Tossed Salad / Dressing (4/1 - 10/31) Grilled Cheese Sandwiches (3 oz cheese) Seasoned Noodles * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veq Sub: Grilled Cheese	1 c 1 @ or 1 c 1/2 c / 1/2 oz 2 @ 3/4 c 8 oz 8 oz 1 @ 3 oz / 4 sl	Sloppy Joe (3 oz ground beef) Hamburger Bun Baked Potato * Green Beans & Carrots * Tossed Salad * Dressing Cookies (Mix - 2 oz total) or Fruit * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veq Sub: Soy Sloppy Joe	4 oz 1 @ 1 @ 1/2 c 1/2 c 1/2 oz 2 @ or 1 @ 8 oz 8 oz 1 @ 4 oz
SATURDAY	* 50% Fruit Juice Drink * Grits Scrambled Eqqs Bread Jelly Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Suqar/Suqar Sub	8 oz 3 oz 4 oz 2 sl 1 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	* Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Breaded Fish Pattie OR Baked Fish Fillet * Tartar Sauce * Green Beans Bread Margarine * Gelatin * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veq Sub: Vegetarian Beans	1 c 1/2 c / 1/2 oz 4 oz 4 oz 1/2 oz 1/2 c / 1/2 oz 2 sl 1/2 oz 1/2 c 8 oz 8 oz 1 @ 1 c	Beef Stew (3 oz beef) * Steamed Rice * Carrots * Tossed Salad * Dressing Garlic Bread Margarine Iced Cake 1/60 or Fruit * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veq Sub: Stew w/Soy (3 oz)	8 oz 3/4 c 1/2 c 1/2 c 1/2 oz 1/2 oz 1 @ 8 oz 8 oz 1 @ 8 oz
SUNDAY	* 50% Fruit Juice Drink * Ready To Eat Cereal Pork Sausage Gravy (2 oz meat) Biscuits 1/60 Jelly Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Suqar/Suqar Sub	8 oz 1 c 6 oz 2 @ 1 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	* Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Chili Con Carne w/Beans (3 oz meat) Steamed Rice Cornbread 1/60 Margarine Pudding * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veq Sub: Soy Chili (3 oz)	1 c 1/2 c / 1/2 oz 8 oz 3/4 c 1 @ 1/2 oz 1/2 c / 1/2 oz 8 oz 8 oz 1 @ 1 c	Country Fried Beef Pattie Mashed Potatoes * Gravy Tomato/Onion Salad Cornbread 1/60 Margarine Gelatin * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veq Sub: Vegetarian Beans	4 oz 3/4 c 1/4 c 1/2 c 1 @ 1/2 oz 1/2 c 8 oz 8 oz 1 @ 1 c

WEEK THREE - Main Menu

* = Free Flow

000446

EXHIBIT 2

MONDAY	* 50% Fruit Juice Drink * Farina Beef Sausage Pancakes (Mix - 6 ozv total) * Syrup * 2% Milk * Coffee or Tea Salt & Pepper Pkt Suqar/Suqar Sub	8 oz 1 c 2 oz 3 @ 1 1/2 oz 8 oz 12 oz 1 @ 2 pkts	Fruit * Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1-10/31) BBQ Beef (3 oz meat) Hamburger Bun French Fries or Rice * Catsup Biscuit 1/60 Margarine Pudding * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veq Sub: Vegetarian Beans	1 @ or 1 c 1 c 1/2 c / 1/2 oz 4 oz 1 2 3/4 c 1/2 oz 1 @ 1/2 oz 1/2 c 8 oz 8 oz 1 @ 1 c	Meat & Spanish Rice Spanish Rice (3 oz around beef) Refried Beans * Green Beans * Shredded Lettuce Bread Margarine Iced Cake 1/60 or Fruit * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veq Sub: Soy & Spanish Rice (3 oz soy)	8 oz 1 @ 3/4 c 1/2 c 1/2 c 2 sl 1/2 oz 1 @ 8 oz 8 oz 1 @ 8 oz
TUESDAY	* 50% Fruit Juice Drink * Ready To Eat Cereal Scrambled Eqqs Bread Jelly Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Suqar/Suqar Sub	8 oz 1 c 4 oz 2 sl 1 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	* Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Breaded Chicken Pattie (3 oz meat) * Gravy Macaroni Salad Bread Margarine Brownie 1/60 or Fruit * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veq Sub: Soy Pattie	1 c 1/2 c / 1/2 oz 4 oz 1/4 c 3/4 c 2 sl 1/2 oz 1 @ 8 oz 8 oz 1 @ 3 oz	Roast Beef Brown Gravy Auqratin Potatoes * Mixed Vegetables * Coleslaw Bread Margarine Cookies (Mix - 2 oz total) or Fruit * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veq Sub: Mac & Cheese	3 oz 1/4 c 3/4 c 1/2 c 1/2 c 2 sl 1/2 oz 2 @ or 1 @ 8 oz 8 oz 1 @ 1 c
WEDNESDAY	* 50% Fruit Juice Drink * Oatmeal Fried Eqqs Bread Jelly Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Suqar/Suqar Sub	8 oz 1 c 2 @ 2 sl 1 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	* Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Fried/Baked Beef Pattie Cheese Hamburger Bun * Mustard/ * Catsup Tomato/Onion French Fries Cookies (Mix - 2 oz total) or Fruit * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veq Sub: Soy Pattie	1 c 1/2 c / 1/2 oz 3 oz 1 oz 1 @ 1/2 oz @ 1 sl @ 3/4 c 2 @ or 1 @ 8 oz 8 oz 1 @ 3 oz	Meatballs (beef) BBQ Sauce Steamed Rice * Mixed Greens * Tossed Salad * Dressing Bread Margarine Cookies (Mix - 2 oz total) or Fruit * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veq Sub: Soy Meatballs	3 oz 1/4 c 3/4 c 1/2 c 1/2 c 1/2 oz 2 sl 1/2 oz 2 @ or 1 @ 8 oz 8 oz 1 @ 3 oz
THURSDAY	* 50% Fruit Juice Drink * Ready To Eat Cereal Beef Gravy (2 oz around beef) Biscuits 1/60 Jelly Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Suqar/Suqar Sub	8 oz 1 c 6 oz 2 @ 1 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	* Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Boloqna Cheese *Mustard Lettuce/Tomato Potato Salad Bread Margarine Fresh Fruit * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veq Sub: Vegetarian Beans	1 c 1/2 c / 1/2 oz 2 oz 1 oz 1/2 oz 1 sl @ 3/4 c 2 sl 1/2 oz 1 @ 8 oz 8 oz 1 @ 1 c	Ground Beef Stew (3 oz around beef) Rice * Peas * Carrot Salad Bread Margarine Iced Cake 1/60 or Fruit * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veq Sub: Stew w/soy (3 oz)	8 oz 3/4 c 1/2 c 1/2 c 2 sl 1/2 oz 1 @ 8 oz 8 oz 1 @ 8 oz
FRIDAY	* 50% Fruit Juice Drink * Oatmeal Pork Sausage Pattie Pancakes (Mix - 6 ozv total) * Syrup Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Suqar/Suqar Sub	8 oz 1 c 2 oz 3 @ 1 1/2 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	* Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Fried/Baked Fish Fillet * Tartar Sauce Macaroni & Cheese Bread Margarine Iced Cake 1/60 or Fruit * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veq Sub: Vegetarian Beans	1 c 1/2 c / 1/2 oz 3 oz 1/2 oz 3/4 c 2 sl 1/2 oz 1 @ 8 oz 8 oz 1 @ 1 c	Beef Cube Steak * Brown Gravy Mashed Potatoes * Mixed Vegetables * Tossed Salad * Dressing Bread Margarine Pudding * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veq Sub: Mac & Cheese	3 oz 2 oz 3/4 c 1/2 c 1/2 c 1/2 oz 2 sl 1/2 oz 1/2 c 8 oz 8 oz 1 @ 1 c
SATURDAY	* 50% Fruit Juice Drink * Grits Scrambled Eqqs Bread Jelly Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Suqar/Suqar Sub	8 oz 3 oz 4 oz 2 sl 1 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	* Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Roast Beef Cheese *Mavo-Type Salad Dressing Lettuce/Tomato French Fries *Catsup Bread Margarine Fruit * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veq Sub: Vegetarian Beans	1 c 1/2 c / 1/2 oz 2 oz 1 oz 1/2 oz 1 sl @ 3/4 c 1/2 oz 2 sl 1/2 oz 1 @ 8 oz 8 oz 1 @ 1 c	Meat Sauce (3 oz beef) Steamed Pasta * Carrots * Garden Salad * Dressing Bread Margarine Iced Cake 1/60 or Fruit * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veq Sub: Soy, Pasta & Sauce (3 oz soy)	6 oz 3/4 c 1/2 c 1/2 c 1/2 oz 2 sl 1/2 oz 1 @ 8 oz 8 oz 1 @ 8 oz
SUNDAY	* 50% Fruit Juice Drink * Ready To Eat Cereal Pork Sausage Gravy (2 oz meat) Biscuits 1/60 Jelly Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Suqar/Suqar Sub	8 oz 1 c 6 oz 2 @ 1 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	* Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Turkey Franks Hot Dog Buns * Catsup/ * Mustard Oven Stripped Potatoes Iced Cake 1/60 or Fruit * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veq Sub: Vegetarian Beans	1 c 1/2 c / 1/2 oz 2 @ 2 @ 1/2 oz @ 3/4 c 1 @ 8 oz 8 oz 1 @ 1 c	Taco Meat (3 oz around beef) Shredded Cheese Steamed Rice * Shredded Lettuce Tortillas Iced Cake 1/60 or Fruit * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veq Sub: Soy Taco Meat (3 oz)	4 oz 1/2 oz 3/4 c 1/2 c 2 @ 1 @ 8 oz 8 oz 1 @ 4 oz

WEEK FOUR - Main Menu

* = Free Flow

0004-17

EXHIBIT 2

MONDAY	* 50% Fruit Juice Drink * Farina Beef Sausage Pancakes (Mix - 6 ozv total) * Syrup Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Sugar/Sugar Sub	8 oz 1 c 2 oz 3 @ 1 1/2 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	Fruit * Vegetarian Soup (11/1 - 3/31) Tossed Salad / Dressing (4/1-10/31) Meat Sauce (3 oz ground beef) Spaghetti * Carrots Garlic Bread Margarine Pudding * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veg Sub: Soy Pasta/Sauce	1 @ or 1 c 1 c 1/2 c / 1/2 oz 6 oz 3/4 c 1/2 c 2 sl 1/2 oz 1/2 c 8 oz 8 oz 1 @ 8 oz	Fried or Baked Meatloaf * Gravy Whipped Potatoes * Green Beans * Carrot Salad Bread Margarine Iced Cake 1/60 or Fruit * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veg Sub: Vegetarian Beans	3 oz 1/4 c 3/4 c 1/2 c 1/2 c 2 sl 1/2 oz 1 @ 8 oz 8 oz 1 @ 1 c
TUESDAY	* 50% Fruit Juice Drink * Ready To Eat Cereal Scrambled Eggs Bread Jelly Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Sugar/Sugar Sub	8 oz 1 c 4 oz 2 sl 1 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	* Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Pork Ham Cheese Lettuce/Tomato * Mustard Pinto Beans Bread Margarine * Gelatin * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veg Sub: Grilled Cheese	1 c 1/2 c / 1/2 oz 2 oz 1 oz 1 sl @ 1/2 oz 3/4 c 2 sl 1/2 oz 1/2 c 8 oz 8 oz 1 @ 3 oz / 4 sl	Fried or Baked Chicken Quarter * Gravy Steamed Rice * Peas * Garden Salad * Dressing Cornbread 1/60 Margarine Applesauce * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veg Sub: Mac & Cheese	1 @ 1/4 c 3/4 c 1/2 c 1/2 c 1/2 oz 1 @ 1/2 oz 1/2 c 8 oz 8 oz 1 @ 1 c
WEDNESDAY	* 50% Fruit Juice Drink * Oatmeal Fried Eggs Bread Jelly Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Sugar/Sugar Sub	8 oz 1 c 2 @ 2 sl 1 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	* Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Fried/Baked Beef Pattie Cheese Hamburger Bun * Mustard/* Catsup Tomato/Onion Potato Wedges Iced Cake 1/60 or Fruit * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veg Sub: Soy Pattie	1 c 1/2 c / 1/2 oz 3 oz 3/4 c 1 @ 1/2 oz @ 1 sl @ 3/4 c 1 @ 8 oz 8 oz 1 @ 3 oz	Meat/Cheese Pizza (4x6 - 3 oz meat/cheese) Pasta w/Sauce * Corn * Tossed Salad * Dressing Bread Margarine Cookies (Mix - 2 oz total) or Fruit * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veg Sub: Soy, Pasta & Sauce (3 oz soy)	1 square 3/4 c 1/2 c 1/2 c 1/2 oz 2 sl 1/2 oz 2 @ or 1 @ 8 oz 8 oz 1 @ 8 oz
THURSDAY	* 50% Fruit Juice Drink * Ready To Eat Cereal Beef Gravy (2 oz ground beef) Biscuits 1/60 Jelly Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Sugar/Sugar Sub	8 oz 1 c 6 oz 2 @ 1 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	* Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Breaded Chicken Pattie (3 oz meat) * Country Gravy Auqratin Noodles Bread Margarine Cookies (Mix - 2 oz total) or Fruit * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veg Sub: Vegetarian Beans	1 c 1/2 c / 1/2 oz 4 oz 1/4 c 3/4 c 2 sl 1/2 oz 2 @ or 1 @ 8 oz 8 oz 1 @ 1 c	Fried or Baked Salisbury Beef Pattie * Brown Gravy Baked Potato * Green Beans & Carrots * Tossed Salad * Dressing Bread Margarine Pudding * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veg Sub: Soy Pattie	3 oz 1/4 c 1 @ 1/2 c 1/2 c 1/2 oz 2 sl 1/2 oz 1/2 c 8 oz 8 oz 1 @ 3 oz
FRIDAY	* 50% Fruit Juice Drink * Oatmeal Pork Sausage Pattie Pancakes (Mix - 6 ozv total) * Syrup Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Sugar/Sugar Sub	8 oz 1 c 2 oz 3 @ 1 1/2 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	Fruit * Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Breaded Fish Portion/Fillet * Tartar Sauce Seasoned Rice Bread Margarine * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veg Sub: Mac & Cheese	1 @ or 1 c 1 c 1/2 c / 1/2 oz 4 oz 1/2 oz 3/4 c 2 sl 1/2 oz 8 oz 8 oz 1 @ 1 c	Roast Beef * Gravy Mashed Potatoes * Mixed Vegetables Tomato/Onion Salad Cornbread 1/60 Margarine Iced Cake 1/60 or Fruit * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veg Sub: Vegetarian Beans	3 oz 1/4 c 3/4 c 1/2 c 1/2 c 1 @ 1/2 oz 1 @ 8 oz 8 oz 1 @ 1 c
SATURDAY	* 50% Fruit Juice Drink * Grits Scrambled Eggs Bread Jelly Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Sugar/Sugar Sub	8 oz 3 oz 4 oz 2 sl 1 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	* Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Grilled Cheese Sandwiches (3 oz cheese, 4 sl bread, 1/2 oz marq) Potato Salad Cookies (Mix - 2 oz total) * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veg Sub: None	1 c 1/2 c / 1/2 oz 2 @ 3/4 c 2 @ 8 oz 8 oz 1 @ 1 c	Meat Sauce (3 oz meat) Steamed Spaghetti * Carrots * Peas * Green Salad * Dressing Garlic Bread Margarine Pudding * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veg Sub: Soy, Pasta & Sauce (3 oz soy)	6 oz 3/4 c 1/2 c 1/2 c 1/2 c 1/2 oz 2 sl 1/2 oz 1/2 c 8 oz 8 oz 1 @ 8 oz
SUNDAY	* 50% Fruit Juice Drink * Ready To Eat Cereal Pork Sausage Gravy (2 oz meat) Biscuits 1/60 Jelly Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Sugar/Sugar Sub	8 oz 1 c 6 oz 2 @ 1 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	* Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Chili Con Carne w/Beans (3 oz ground beef) * Steamed Rice Cornbread 1/60 Margarine * Gelatin * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veg Sub: Soy Chili (3 oz soy)	1 c 1/2 c / 1/2 oz 8 oz 3/4 c 1 @ 1/2 oz 1/2 c / 1/2 oz 8 oz 8 oz 1 @ 8 oz	Sliced Turkey Breast Stuffing Mashed Potatoes * Gravy * Carrots Cornbread 1/60 Margarine Iced Cake 1/60 or Fruit * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veg Sub: Vegetarian Beans	3 oz 3/4 c 3/4 c 1/4 c 1/2 c 1 @ 1/2 oz 1 @ 8 oz 8 oz 1 @ 1 c

WEEK FIVE - Main Menu

* = Free Flow

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EXHIBIT 2

MONDAY	* 50% Fruit Juice Drink * Farina Beef Sausage Pancakes (Mix - 6 ozv total) * Syrup Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Sugar/Sugar Sub	8 oz 1 c 2 oz 3 @ 1 1/2 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	Fruit * Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1-10/31) Pork Pattie OR Turkey Bologna Cheese * Mustard/* Catsup French Fries Bread Margarine Iced Cake 1/60 * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veg Sub: Vegetarian Beans	1 @ or 1 c 1 c 1/2 c / 1/2 oz 3 oz 1 oz 1/2 oz @ 3/4 c 2 sl 1/2 oz 1 @ 8 oz 8 oz 1 @ 1 c	Pork Ham OR Fish Fillet Pinto Beans * Corn * Tossed Salad * Dressing Bread Margarine Iced Cake 1/60 or Fruit * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veg Sub: Soy Pattie	3 oz 3/4 c 1/2 c 1/2 c 1/2 oz 2 sl 1/2 oz 1 @ 8 oz 8 oz 1 @ 3 oz
TUESDAY	* 50% Fruit Juice Drink * Ready To Eat Cereal Scrambled Eggs Bread Jelly Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Sugar/Sugar Sub	8 oz 1 c 4 oz 2 sl 1 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	* Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Turkey Sausage Peppers Steamed Rice Bread Margarine Brownie 1/60 * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veg Sub: Soy Meatball	1 c 1/2 c / 1/2 oz 3 oz 1 oz 3/4 c 2 sl 1/2 oz 1 @ 8 oz 8 oz 1 @ 3 oz	Taco Meat (3 oz ground beef) Shredded Cheese Refried Beans Shredded Lettuce Tortillas Iced Cake 1/60 or Fruit * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veg Sub: Soy Taco Meat (3 oz)	4 oz 1/2 oz 3/4 c 1/2 c 2 @ 1 @ 8 oz 8 oz 1 @ 4 oz
WEDNESDAY	* 50% Fruit Juice Drink * Oatmeal Fried Eggs Bread Jelly Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Sugar/Sugar Sub	8 oz 1 c 2 @ 2 sl 1 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	Fruit * Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Fried/Baked Beef Pattie/Cheese Tomato/Onion Hamburger Bun * Mustard/* Catsup French Fries Cookies (Mix - 2 oz total) * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veg Sub: Vegetarian Beans	1 @ or 1 c 1 c 1/2 c / 1/2 oz 3 oz / 1 oz 1 sl @ 1 @ 1/2 oz @ 3/4 c 2 @ 8 oz 8 oz 1 @ 3 oz	Ground Beef Stew (3 oz ground beef) Rice * Peas * Carrot Salad Bread Margarine Iced Cake 1/60 or Fruit * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veg Sub: Vegetarian Beans	8 oz 3/4 c 1/2 c 1/2 c 2 sl 1/2 oz 1 @ 8 oz 8 oz 1 @ 1 c
THURSDAY	* 50% Fruit Juice Drink * Ready To Eat Cereal Beef Gravy (2 oz ground beef) Biscuits 1/60 Jelly Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Sugar/Sugar Sub	8 oz 1 c 6 oz 2 @ 1 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	* Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Breaded Chicken Pattie (3 oz meat) * Gravy * Navy Beans Cornbread 1/60 Margarine Fresh Fruit * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veg Sub: Vegetarian Beans	1 c 1/2 c / 1/2 oz 4 oz 1/4 c 3/4 c 1 @ 1/2 oz 1 @ 8 oz 8 oz 1 @ 1 c	Fried or Baked Meatloaf * Gravy Whipped Potatoes * Green Beans * Carrot Salad * Mixed Greens Bread Margarine Iced Cake 1/60 or Fruit * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veg Sub: Soy Pattie	3 oz 1/4 c 3/4 c 1/2 c 1/2 c 1/2 c 2 sl 1/2 oz 1 @ 8 oz 8 oz 1 @ 3 oz
FRIDAY	* 50% Fruit Juice Drink * Oatmeal Pork Sausage Pattie Pancakes (Mix - 6 ozv total) * Syrup Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Sugar/Sugar Sub	8 oz 1 c 2 oz 3 @ 1 1/2 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	Fruit * Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Burrito Pinto Beans Spanish Rice Brownie 1/60 * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt	1 @ or 1 c 1 c 1/2 c / 1/2 oz 5 oz 1/2 c 3/4 c 1 @ 8 oz 8 oz 1 @	Fried or Baked Chicken Quarter * Gravy Steamed Rice * Peas * Tossed Salad * Dressing Bread /Margarine Cookies (Mix - 2 oz total) or Fruit * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veg Sub: Mac & Cheese	1 @ 1/4 c 3/4 c 1/2 c 1/2 c 1/2 oz 2 sl / 1/2 oz 2 @ or 1 @ 8 oz 8 oz 1 @ 1 c
SATURDAY	* 50% Fruit Juice Drink * Grits Scrambled Eggs Bread Jelly Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Sugar/Sugar Sub	8 oz 1 c 4 oz 2 sl 1 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	* Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Meat Hoagie Meat / Cheese Lettuce/Tomato Hoagie Roll * Mustard Potato Salad Cookies (Mix - 2 oz total) or Fruit * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veg Sub: Vegetarian Beans	1 c 1/2 c / 1/2 oz 1 @ 3 oz / 1 oz 1 sl @ 1 @ 1/2 oz 3/4 c 2 @ or 1 @ 8 oz 8 oz 1 @ 1 c	Fried/Baked Fish Fillet * Tartar Sauce Fried Potatoes * Greens * Creamy Coleslaw Cornbread 1/60 Margarine Iced Cake 1/60 * Coffee (11/1-3/31) * 2% Milk * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veg Sub: Soy Pattie	3 oz 1/2 oz 3/4 c 1/2 c 1/2 c 1/2 oz 1 @ 8 oz 8 oz 8 oz 8 oz 1 @ 3 oz
SUNDAY	* 50% Fruit Juice Drink * Ready To Eat Cereal Pork Sausage Gravy (2 oz meat) Biscuits 1/60 Jelly Margarine * 2% Milk * Coffee or Tea Salt & Pepper Pkt Sugar/Sugar Sub	8 oz 1 c 6 oz 2 @ 1 oz 1/3 oz 8 oz 12 oz 1 @ 2 pkts	* Vegetarian Soup (11/1 - 3/31) * Tossed Salad / Dressing (4/1 - 10/31) Chili Dogs: Hot Dogs Coney Sauce Hot Dog Buns Iced Cake 1/60 * Fruit Drink w/C * Sweetened Tea Salt & Pepper Pkt Veg Sub: Soy Chili (3 oz soy)	1 c 1/2 c / 1/2 oz 2 @ 2 @ 3 oz 2 @ 1 @ 8 oz 8 oz 1 @ 8 oz	Sloppy Joe (3 oz ground beef) Bun Baked Potato * Green Beans & Carrots * Tossed Salad * Dressing Cookies (Mix - 2 oz total) or Fruit * Coffee (11/1-3/31) * 2% Milk Salt & Pepper Pkt Veg Sub: Soy Sloppy Joe	4 oz 1 @ 1 @ 1/2 c 1/2 c 1/2 oz 2 @ or 1 @ 8 oz 8 oz 1 @ 4 oz