



State of West Virginia
 Department of Administration
 Purchasing Division
 2019 Washington Street East
 Post Office Box 50130
 Charleston, WV 25305-0130

Request for Quotation

RFQ NUMBER
DNR210019

PAGE
1

ADDRESS CORRESPONDENCE TO ATTENTION OF
FRANK WHITTAKER 304-558-2316

SHIP TO

DIVISION OF NATURAL RESOURCES
 CHIEF LOGAN STATE PARK
 ATTN: PARK SUPERINTENDENT

 LOGAN, WV 25601 304-792-7125

RFQ COPY

Life Fitness
 ATTN: Darryl Levendis
 728 Seville Ave.
 Williamston, DE 19809

DATE PRINTED	TERMS OF SALE	SHIP VIA	F.O.B.	FREIGHT TERMS
08/12/2009				

BID OPENING DATE: **09/08/2009** BID OPENING TIME **01:30PM**

LINE	QUANTITY	UOP	CAT NO.	ITEM NUMBER	UNIT PRICE	AMOUNT
0001	1	LS		805-57		
				EXERCISE EQUIPMENT		
<p>THE WEST VIRGINIA PURCHASING DIVISION, FOR THE AGENCY, THE WEST VIRGINIA DIVISION OF NATURAL RESOURCES, IS SOLICITING BIDS FROM RESPONSIBLE VENDORS TO PROVIDE EXERCISE EQUIPMENT, INCLUDING DELIVERY AND INSTALLATION IN ACCORDANCE WITH THE MANUFACTURERS RECOMMENDATIONS, PER THE ATTACHED SPECIFICATIONS.</p> <p>ALL TECHNICAL QUESTIONS MUST BE SUBMITTED IN WRITING TO FRANK WHITTAKER IN THE PURCHASING DIVISION VIA EMAIL AT FRANK.M.WHITTAKER@WV.GOV OR VIA FAX AT 304-558-4115. DEADLINE FOR TECHNICAL QUESTIONS IS 08/24/09 AT 3:00 P ALL TECHNICAL QUESTIONS WILL BE ADDRESSED BY ADDENDUM AFTER THE DEADLINE.</p> <p>BANKRUPTCY: IN THE EVENT THE VENDOR/CONTRACTOR FILES FOR BANKRUPTCY PROTECTION, THE STATE MAY DEEM THE CONTRACT NULL AND VOID, AND TERMINATE SUCH CONTRACT WITHOUT FURTHER ORDER.</p> <p style="text-align: center;">NOTICE</p> <p>A SIGNED BID MUST BE SUBMITTED TO:</p> <p style="text-align: center;">DEPARTMENT OF ADMINISTRATION PURCHASING DIVISION BUILDING 15 2019 WASHINGTON STREET, EAST CHARLESTON, WV 25305-0130</p>						

RECEIVED
 2009 SEP -4 AM 10:19
 WV PURCHASING DIVISION

SEE REVERSE SIDE FOR TERMS AND CONDITIONS		
SIGNATURE <i>Darryl Levendis</i>	TELEPHONE 302-377-6835	DATE 9/3/09
TITLE SALES REP	ADDRESS CHANGES TO BE NOTED ABOVE	

WHEN RESPONDING TO RFQ, INSERT NAME AND ADDRESS IN SPACE ABOVE LABELED 'VENDOR'

GENERAL TERMS & CONDITIONS
REQUEST FOR QUOTATION (RFQ) AND REQUEST FOR PROPOSAL (RFP)

1. Awards will be made in the best interest of the State of West Virginia.
2. The State may accept or reject in part, or in whole, any bid.
3. All quotations are governed by the *West Virginia Code* and the *Legislative Rules* of the Purchasing Division.
4. Prior to any award, the apparent successful vendor must be properly registered with the Purchasing Division and have paid the required \$125 fee.
5. All services performed or goods delivered under State Purchase Order/Contracts are to be continued for the term of the Purchase Order/Contracts, contingent upon funds being appropriated by the Legislature or otherwise being made available. In the event funds are not appropriated or otherwise available for these services or goods, this Purchase Order/Contract becomes void and of no effect after June 30.
6. Payment may only be made after the delivery and acceptance of goods or services.
7. Interest may be paid for late payment in accordance with the *West Virginia Code*.
8. Vendor preference will be granted upon written request in accordance with the *West Virginia Code*.
9. The State of West Virginia is exempt from federal and state taxes and will not pay or reimburse such taxes.
10. The Director of Purchasing may cancel any Purchase Order/Contract upon 30 days written notice to the seller.
11. The laws of the State of West Virginia and the *Legislative Rules* of the Purchasing Division shall govern all rights and duties under the Contract, including without limitation the validity of this Purchase Order/Contract.
12. Any reference to automatic renewal is hereby deleted. The Contract may be renewed only upon mutual written agreement of the parties.
13. **BANKRUPTCY:** In the event the vendor/contractor files for bankruptcy protection, the State may deem this contract null and void, and terminate such contract without further order.
14. **HIPAA BUSINESS ASSOCIATE ADDENDUM:** The West Virginia State Government HIPAA Business Associate Addendum (BAA), approved by the Attorney General, and available online at the Purchasing Division's web site (<http://www.state.wv.us/admin/purchase/vrc/hipaa.htm>) is hereby made part of the agreement. Provided that, the Agency meets the definition of a Cover Entity (45 CFR §160.103) and will be disclosing Protected Health Information (45 CFR §160.103) to the vendor.
15. **WEST VIRGINIA ALCOHOL & DRUG-FREE WORKPLACE ACT:** If this Contract constitutes a public improvement construction contract as set forth in Article 1D, Chapter 21 of the West Virginia Code ("The West Virginia Alcohol and Drug-Free Workplace Act"), then the following language shall hereby become part of this Contract: "The contractor and its subcontractors shall implement and maintain a written drug-free workplace policy in compliance with the West Virginia Alcohol and Drug-Free Workplace Act, as set forth in Article 1D, Chapter 21 of the West Virginia Code. The contractor and its subcontractors shall provide a sworn statement in writing, under the penalties of perjury, that they maintain a valid drug-free work place policy in compliance with the West Virginia and Drug-Free Workplace Act. It is understood and agreed that this Contract shall be cancelled by the awarding authority if the Contractor: 1) Fails to implement its drug-free workplace policy; 2) Fails to provide information regarding implementation of the contractor's drug-free workplace policy at the request of the public authority; or 3) Provides to the public authority false information regarding the contractor's drug-free workplace policy."

INSTRUCTIONS TO BIDDERS

1. Use the quotation forms provided by the Purchasing Division.
2. **SPECIFICATIONS:** Items offered must be in compliance with the specifications. Any deviation from the specifications must be clearly indicated by the bidder. Alternates offered by the bidder as **EQUAL** to the specifications must be clearly defined. A bidder offering an alternate should attach complete specifications and literature to the bid. The Purchasing Division may waive minor deviations to specifications.
3. Complete all sections of the quotation form.
4. Unit prices shall prevail in case of discrepancy.
5. All quotations are considered F.O.B. destination unless alternate shipping terms are clearly identified in the quotation.
6. **BID SUBMISSION:** All quotations must be delivered by the bidder to the office listed below prior to the date and time of the bid opening. Failure of the bidder to deliver the quotations on time will result in bid disqualifications: Department of Administration, Purchasing Division, 2019 Washington Street East, P.O. Box 50130, Charleston, WV 25305-0130



State of West Virginia
 Department of Administration
 Purchasing Division
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 ATTN: PARK SUPERINTENDENT

LOGAN, WV
 25601
 304-792-7125

DATE PRINTED	TERMS OF SALE	SHIP VIA	F.O.B.	FREIGHT TERMS
08/12/2009				

BID OPENING DATE: **09/08/2009** BID OPENING TIME **01:30PM**

LINE	QUANTITY	UOP	CAT. NO.	ITEM NUMBER	UNIT PRICE	AMOUNT
<p>THE BID SHOULD CONTAIN THIS INFORMATION ON THE FACE OF THE ENVELOPE OR THE BID MAY NOT BE CONSIDERED:</p> <p>SEALED BID</p> <p>BUYER: 44</p> <p>RFQ. NO.: DNR210019</p> <p>BID OPENING DATE: 09/08/09</p> <p>BID OPENING TIME: 1:30 PM</p> <p>PLEASE PROVIDE A FAX NUMBER IN CASE IT IS NECESSARY TO CONTACT YOU REGARDING YOUR BID: ----- 302-258-0636 -----</p> <p>CONTACT PERSON (PLEASE PRINT CLEARLY): ----- DARRYL LEVONDIS -----</p>						

SEE REVERSE SIDE FOR TERMS AND CONDITIONS

SIGNATURE <i>Darryl Levondis</i>	TELEPHONE 302-377-6835	DATE 9/3/09
TITLE SALES REP	FEIN	ADDRESS CHANGES TO BE NOTED ABOVE

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LINE	QUANTITY	UOP	CAT. NO.	ITEM NUMBER	UNIT PRICE	AMOUNT
***** THIS IS THE END OF RFQ DNR210019 ***** TOTAL: _____						

SEE REVERSE SIDE FOR TERMS AND CONDITIONS

SIGNATURE <i>David L. ...</i>	TELEPHONE (202) 377-6835	DATE 9/31/09
TITLE SALES MGR	FEIN	ADDRESS CHANGES TO BE NOTED ABOVE

WHEN RESPONDING TO RFQ, INSERT NAME AND ADDRESS IN SPACE ABOVE LABELED 'VENDOR'



Date: 9/1/09

**Frank Whittaker
Chief Logan State Park
Logan, WV 25601**

Dear Mr. Whitaker,

On behalf of Life Fitness & Hammer Strength, thank you for the opportunity to be a potential partner with the Chief Logan Recreation Center and a supplier for your fitness facility. It is an honor to be considered, and we hope you will select us to partner with you to create a premier fitness facility for your State Park.

We have a proven track record of providing premium fitness equipment for more than 30 years and can offer you the largest breadth of strength & cardio equipment, value-added services and ongoing support to ensure that your needs will be met in the years to come. Plus, our experience in creating weight rooms & fitness centers for City Recreation Centers, and the nations top Fitness Clubs ensures that your fitness equipment will meet the needs of your users.

As a division of Brunswick Corporation and the manufacturer of the #1 brand of fitness equipment in health clubs worldwide, Life Fitness is uniquely qualified to be your fitness equipment provider. And, in every way possible, we're committed to being the best, so you can be your best.

As part of an ongoing partnership, if chosen, Life Fitness would like to purchase one of the \$500 advertising banners on the track level.

If you have any questions or comments regarding our submittal, please contact us as indicated below. The Life Fitness & Hammer Strength team looks forward to working with you in the future.

Sincerely,

**Thomas Varga
Midwest Education & Athletics
440-503-7684
tom.varga@lifefitness.com**

**Darryl Levendis
Commercial Direct Representative
302-377-6835
darryl.levendis@lifefitness.com**



Life Fitness Introduction

Why not partner with the best? Partner with Life Fitness

As a Brunswick-owned company, Life Fitness has what it takes to meet all your needs and exceed your expectations – industry-leading fitness products, prompt and efficient service, unparalleled support, and a long history of industry leadership that you get with no other company.

As the world leader in active recreation, Brunswick is focused on increasing its leadership in all areas of its business—marine engines, pleasure boats, fitness equipment, bowling equipment and billiards tables. As the leader in each market it serves, Brunswick continues to demonstrate its ability to grow and prosper. For more than 155 years, the Brunswick name has been synonymous with success.

Life Fitness offers you the same unique strengths and advantages. As a division of Brunswick, we're committed to developing unparalleled fitness solutions, domestically and internationally, today and tomorrow. Our goal is to remain the driving force in the fitness industry. Like Brunswick, we're serious about success.

What makes Life Fitness superior?

Life Fitness is the manufacturer of the #1 brand of fitness equipment in health clubs worldwide. The industry leader for more than 30 years, we deliver a full line of cardiovascular and strength-training equipment – the most impressive selection ever offered by a single company.

Designed and developed by more than 50 engineers, our products reflect cutting-edge technology and innovation. And our testing standards are the toughest in the industry to ensure long-term performance. Life Fitness was also the first fitness equipment manufacturer to ever earn ISO 9001 Certification, the international standard for quality manufacturing. This achievement reflects our ongoing emphasis on global distribution. Life Fitness products are universal – the best choice for today's expansion-minded organizations.

Support beyond the ordinary!

Only Life Fitness offers so many services for you to be extraordinary:

- ***CUSTOMER SUPPORT***
Life Fitness products do not arrive alone. With every investment, you receive a network of service and support. Whether your needs are large or small, our qualified professionals deliver fast, efficient service—wherever you are.
- ***TRAINING AND EDUCATION***
The Life Fitness Academy, supported by an Advisory Board and a Training Network who write, speak and train on a myriad of related topics on behalf of Life Fitness, offers you hands-on Product Training and Continuing Education Workshops.
- ***MARKETING ADVANTAGES***
Use our marketing tools to generate enthusiasm for your fitness facilities. Our tasteful incentives include posters, t-shirts, water bottles, workout towels, hats, and more.
- ***FLEXIBLE FINANCING***
We help you create the most convenient finance plan for your specific needs, including customized leasing solutions.

Staff Training and Education

Training and education are an essential component of running any organization but it is especially important when running a fitness facility. Your personal trainers must be kept up to date with the latest in exercise program development. Plus, they should know the intricacies of the equipment they use to train your users. The more they know, the easier it will be for them to help the users of your facility make the most of the equipment.



Life Fitness Academy (LFA) certified personal trainers provide customized training on all Life Fitness and Hammer Strength equipment at your facility for your staff. We also offer online training, a wealth of articles on our web site, and the ability to earn continuing education credits in our workshops.

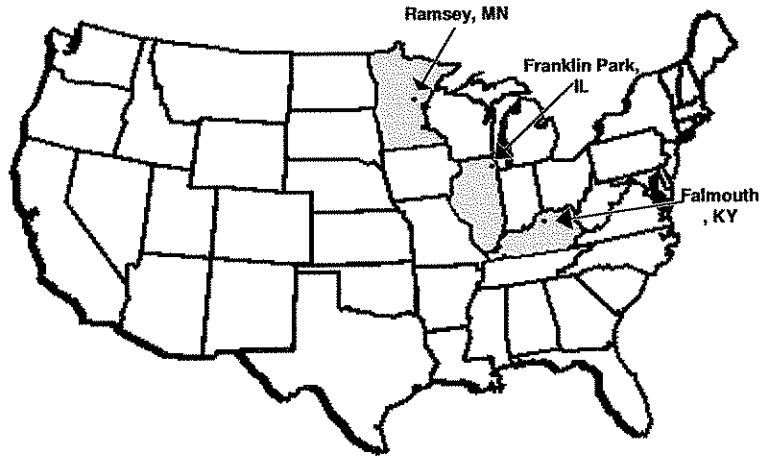
Possible on-site equipment training workshops include the following:

- **INTERACTIVE HEART RATE TRAINING** – How to go beyond the Fat Burn (low intensity) and Cardio (high intensity) programs to address your user's cardiovascular needs.
- **PROPER USAGE TECHNIQUES** – Tips on how to help exercisers get the most out of their workouts. Includes proper alignment and usage techniques for Life Fitness cardiovascular and strength products, as well as Hammer Strength machines.
- **METS AND WATTS** – Detail on how to access and utilize these programs on Life Fitness cardiovascular equipment for healthy users and special population clients.
- **EQUIPMENT DIAGNOSTIC TRAINING** – Learn how to go behind the scenes on Life Fitness cardiovascular equipment to evaluate issues and set workout parameters such as maximum/ minimum speed, maximum duration, total mileage, total time on products, etc.
- **FUNCTIONAL TRAINING WITH LIFE FITNESS PRODUCTS WITH CABLE MOTION™ TECHNOLOGY AND HAMMER STRENGTH GROUND BASE MACHINES** – Learn the background behind the development of the products and review the functional aspects of each piece, proper usage techniques and suggested order of exercise.
- **CROSSING STRENGTH TRAINING PLATFORMS** – Tips on how to take advantage of the multiple strength training platforms available at your facility.
- **SPECIAL CONSIDERATIONS FOR SPECIAL POPULATIONS** – Things to consider when designing programs for special populations, such as novice, deconditioned or older adult users.

Opportunities for continuing education include the following:

- **ONLINE EDUCATION CENTER** – The Life Fitness Academy and the Human Kinetics Online Education Center are pleased to bring you quality courses to help prepare you for certification through one of the professional fitness associations, or to help meet your continuing education needs.
- **CONTINUING EDUCATION COURSES** – These three-hour workshops offer continuing education credits from the American Council on Exercise and include a comprehensive, original manual written by a research and exercise physiologist.

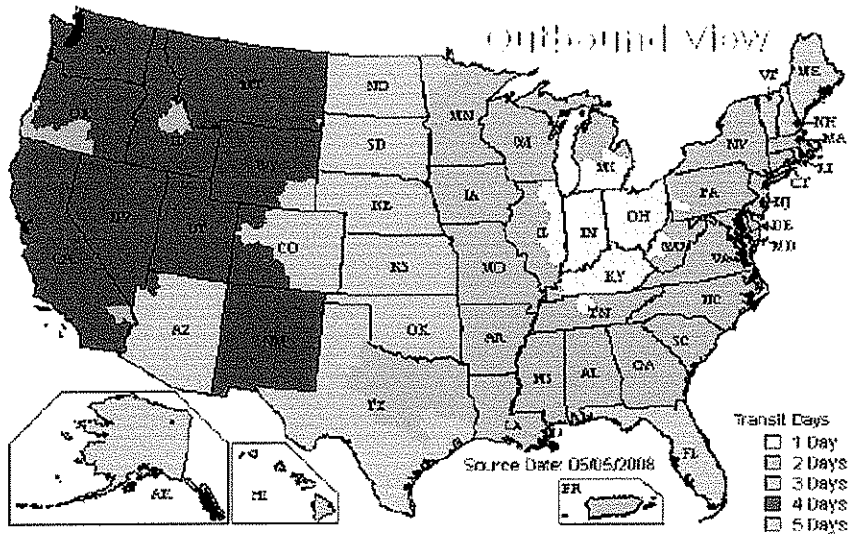
US Manufacturing Locations



U.S. Ground Map Results

Business days in transit from: FAIRFIELD, OH 45014

[Printer-friendly](#)

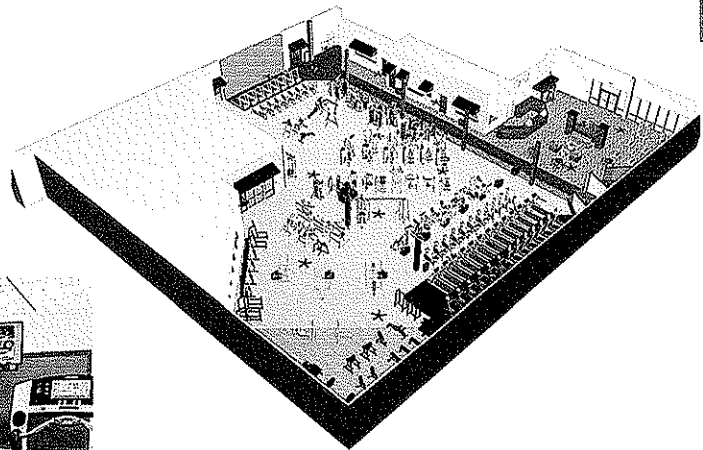
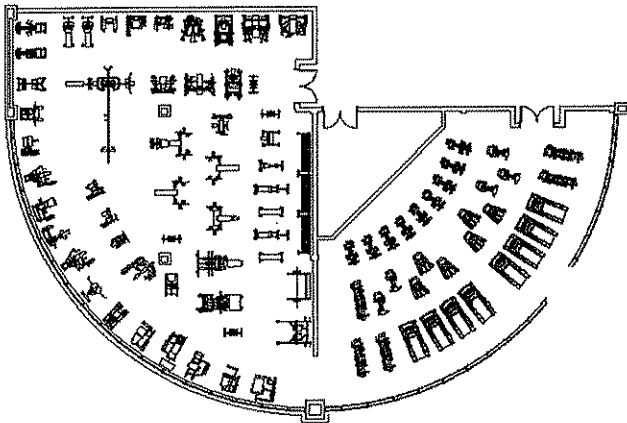


Layout and Design

Facility layout and design is an essential part of the Life Fitness offering. We understand that every facility has unique characteristics and challenges, and our facility design specialists will work with you every step of the way to create a floor plan that best meets your needs.

With our extensive knowledge of fitness facilities, we will help you plan an optimal, space efficient fitness area. Among the details that we consider are:

- Selecting the right amount of equipment for your facility size
- Grouping equipment for optimal workouts
- Building efficient traffic flow with product and front desk placement
- Allowing correct space around equipment for safe, effective use
- Electrical positioning for your equipment layout
- TV placement for the best ergonomics and user comfort

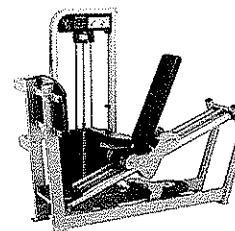


PRO2 SERIES SEATED LEG PRESS

PSSLP

Machine Weight: 810 lbs **Weight Stack:** 390 lbs **Size:** in. = 79L x 40W x 71H

- Maintenance-free, stainless-steel rails offer an exceptionally smooth motion
- User positioning and pressing angles are biomechanically optimized
- Pro2 SE model (shown) includes full rear weight stack shroud, integrated increment weight system, and easy-to-adjust spring assisted roller seat adjustment

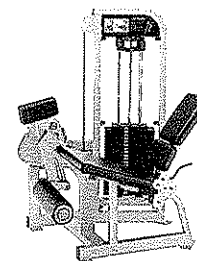


PRO2 SERIES LEG EXTENSION

PSLE

Machine Weight: 570 lbs **Weight Stack:** 295 lbs **Size:** in. = 47L x 41W x 64H

- All adjustments are accessible from the seated position
- Standard adjustable start position on Pro2 SE provides five positions for individual preferences
- Pro2 SE model (shown) includes full rear weight stack shroud, integrated increment weight system, and easy-to-adjust spring assisted roller seat adjustment

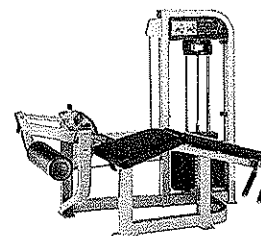


PRO2 SERIES LEG CURL

PSLC

Machine Weight: 475 lbs **Weight Stack:** 200 lbs **Size:** in. = 65L x 39W x 55H

- Divergent angle between hip and chest pads minimizes lower-back stress
- Standard adjustable start position on Pro2 SE provides five positions for individual preferences
- Pro2 SE model (shown) includes full rear weight stack shroud, integrated increment weight system, and easy-to-adjust spring assisted roller seat adjustment

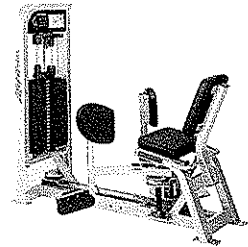


PRO2 SERIES HIP ADDUCTION

PSHAD

Machine Weight: 575 lbs **Weight Stack:** 295 lbs **Size:** in. = 61L x 26W x 55H

- Ratchet mechanism allows users to adjust start position in 10-degree increments
- Front-mounted stack acts as privacy screen and lets users adjust weight from a seated position
- Knee pads and dual front positions support legs and reduce torque around knees
- Pro2 SE model (shown) includes full rear weight stack shroud, integrated increment weight system, and easy-to-adjust spring assisted roller seat adjustment

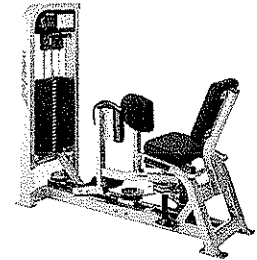


PRO2 SERIES HIP ABDUCTION

PSHAB

Machine Weight: 575 lbs **Weight Stack:** 295 lbs **Size:** in. = 61L x 26W x 55H

- Adjustable start position facilitates easy entry and exit
- Front-mounted stack acts as privacy screen and lets users adjust weight from a seated position
- Knee pads and dual front positions support legs and reduce torque around knees
- Pro2 SE model (shown) includes full rear weight stack shroud, integrated increment weight system, and easy-to-adjust spring assisted roller seat adjustment

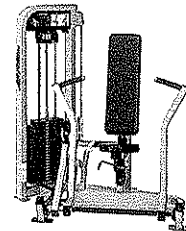


PRO2 SERIES CHEST PRESS

PSCP

Machine Weight: 560 lbs **Weight Stack:** 295 lbs **Size:** in. = 41L x 57W x 64H

- Pressing arm adjusts in five positions for multiple range-of-motion preferences
- Built-in foot bar enhances user stabilization
- Pro2 SE model (shown) includes full rear weight stack shroud, integrated increment weight system, and easy-to-adjust spring assisted roller seat adjustment

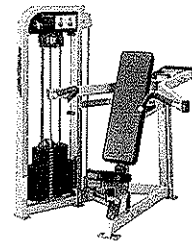


PRO2 SERIES SHOULDER PRESS

PSSP

Machine Weight: 520 lbs **Weight Stack:** 200 lbs **Size:** in. = 60L x 56W x 64H

- Choice of grips includes a neutral position for individual preference and anatomical limitations
- Seat position provides range-of-motion adjustment
- Pro2 SE model (shown) includes full rear weight stack shroud, integrated increment weight system, and easy-to-adjust spring assisted roller seat adjustment

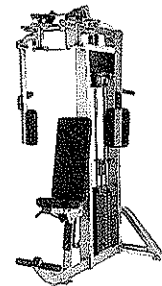


PRO2 SERIES PECTORAL FLY

PSPEC

Machine Weight: 580 lbs **Weight Stack:** 295 lbs **Size:** in. = 49L x 56W x 71H

- Machine arms pivot to accommodate different size users
- Built-in foot bar enhances user stabilization
- 5-position adjustable start mechanism for individual range-of-motion preferences

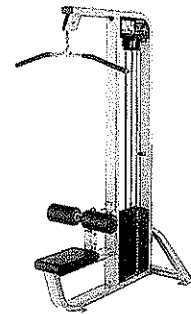


PRO2 SERIES LAT PULLDOWN

PSPD

Machine Weight: 545 lbs **Weight Stack:** 295 lbs **Size:** in. = 54L x 33W x 89H

- Thigh pads easily adjust to provide stability and comfort
- Straight-bar with angled ends ensures correct arm and wrist position throughout motion
- Pro2 SE model (shown) includes full rear weight stack shroud, integrated increment weight system, and easy-to-adjust spring assisted roller seat adjustment

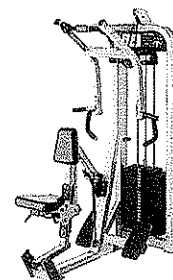


PRO2 SERIES SEATED ROW

PSRW

Machine Weight: 590 lbs **Weight Stack:** 295 lbs **Size:** in. = 52L x 34W x 71H

- Overhead pivot creates natural arc of motion
- Multiple hand positions provide variety for mid- or upper-back exercises
- Pro2 SE model (shown) includes full rear weight stack shroud, integrated increment weight system, and easy-to-adjust spring assisted roller seat adjustment



PRO2 SERIES BICEPS CURL

PSBC

Machine Weight: 450 lbs **Weight Stack:** 200 lbs **Size:** in. = 45L x 41W x 55H

- Angled arm pad provides stability and limits unwanted shoulder movement
- Pivot is positioned for ideal alignment and angled handgrips reduce wrist strain
- Pro2 SE model (shown) includes full rear weight stack shroud, integrated increment weight system, and easy-to-adjust spring assisted roller seat adjustment

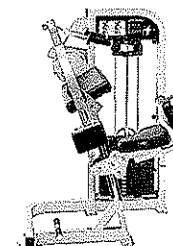


PRO2 SERIES TRICEPS EXTENSION

PSTE

Machine Weight: 470 lbs **Weight Stack:** 200 lbs **Size:** in. = 45L x 44W x 55H

- Angled seat and arm pads enhance stability during exercise
- Handle pivots automatically to accommodate varying forearm lengths
- Pro2 SE model (shown) includes full rear weight stack shroud, integrated increment weight system, and easy-to-adjust spring assisted roller seat adjustment

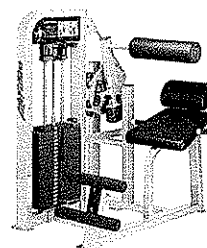


PRO2 SERIES BACK EXTENSION

PSBE

Machine Weight: 560 lbs **Weight Stack:** 295 lbs **Size:** in. = 46L x 40W x 55H

- Five-position adjustable start mechanism caters to individual range of motion or physical limitations
- Two non-slip foot positions appeal to different user sizes
- Lumbar pad helps users easily find correct position relative to axis of rotation
- Pro2 SE model (shown) includes full rear weight stack shroud, integrated increment weight system, and easy-to-adjust spring assisted roller seat adjustment

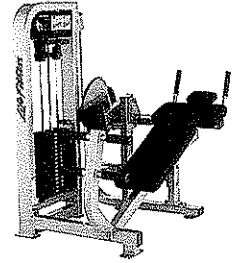


PRO2 SERIES ABDOMINAL CRUNCH

PSABC

Machine Weight: 400 lbs **Weight Stack:** 200 lbs **Size:** in. = 62L x 35W x 56H

- Patent pending AbCam System designed with dual pivot motion replicates natural abdominal crunch movement
- Counter-balanced work arm provides low start resistance
- Two foot pegs ensure comfort with no adjustments for users of all sizes

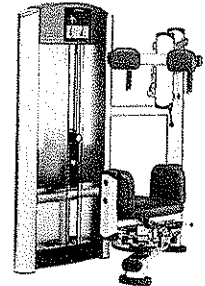


SIGNATURE SERIES TORSO ROTATION

FZTR

Machine Weight: 520 lbs **Weight Stack:** 190 lbs **Size:** in. = 48L x 36W x 64H

- Adjustable chest pad accommodates users of all sizes
- Handles and knee supports provide stabilization
- Kneeling position minimizes low back stress

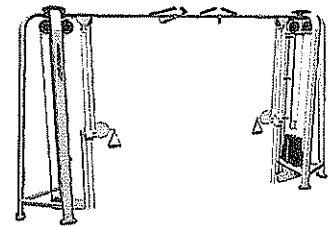


SIGNATURE SERIES CABLE MOTION CABLE CROSSOVER

CMACO

Machine Weight: 980 lbs **Weight Stack:** 2 x 190 lbs **Size:** in. = 28.5L x 167W x 94H

- Each weight stack provides a 1:2 resistance ratio
- Multiple position chin-up handles offer a choice of exercises
- Unit shown is configured with adjustable pulleys (Also available with fixed high and low pulleys, CMFCO)

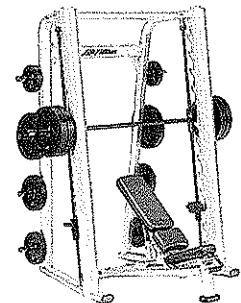


SIGNATURE SERIES SMITH

SSM

Machine Weight: 580 lbs **Weight Stack:** N/A **Size:** in. = 49L x 87W x 93H

- 7-degree bar angle follows the natural free weight path of movement for pressing or squatting
- Fully enclosed linear bearings with unsupported guide rods
- Counter weight inside the D-tube eliminates shrouds

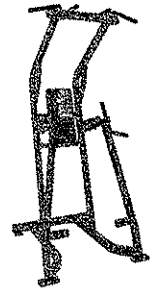


HAMMER STRENGTH CHIN/DIP/LEG RAISE

BWCDL

Machine Weight: 250 lbs **Starting Resistance:** N/A **Size:** in. = 48L x 42W x 92H

Space efficient design provides three exercises in one compact machine
Optional: floor bumpers

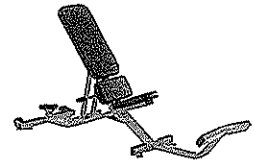


HAMMER STRENGTH ADJUSTABLE BENCH

FWADJ

Machine Weight: 100 lbs **Starting Resistance:** N/A **Size:** in. = 66L x 22W x 43H

Optional: floor bumpers
Foot brace can be removed to improve space efficiency

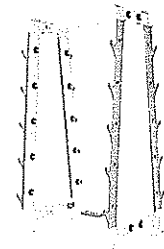


HAMMER STRENGTH BARBELL RACK

FWBAR

Machine Weight: 142 lbs **Starting Resistance:** N/A **Size:** in. = 31L x 28W x 60H

Optional: floor bumpers



CLASSIC SERIES TREADMILL

Exclusive Life Fitness Features

- DX3™ Belt and Deck System
- FlexDeck™ Shock Absorption System featuring 8 large Lifespring™ shock absorbers
- Heart Rate Monitoring: Lifepulse™ Digital Heart Rate Monitoring with DSP (Digital Signal Processing) and Polar® Telemetry (chest strap required)
- RapidWorks™ Services Enhancements: Auto Alert™ diagnostic system, Automatic Voltage Measurements, use of Quick Entry Reference Keys

Additional Standard Features

- 0.5 – 14 mph; 0 – 15% incline
- 3.5" precision crowned front and back rear rollers
- Powerful 4-HP AC motor with MagnaDrive™ motor controller
- 20" x 60" running surface
- 400 lbs maximum user weight
- Ergonomically correct handlebars and siderails
- Integrated reading rack and accessory holder
- 26-character alphanumeric message center and workout profile window
- User can select from up to 9 language choices
- 28 workouts, including 5 Zone Training+™ workouts and Navy PRT, Army PFT, Marine PFT, Air Force PRT, Physical Efficiency Battery, Gerkin and Fit Test protocols
- Customized cool down
- Available 17" HD Ready Diagonal Wide Screen Format Attachable TV



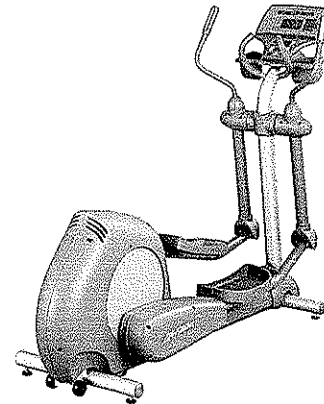
CLASSIC SERIES ELLIPTICAL CROSS-TRAINER

Exclusive Life Fitness Features

- Classic Stride technology; 18" (45.7 cm) stride length
- Heart Rate Monitoring: Lifepulse™ Digital Heart Rate Monitoring with DSP (Digital Signal Processing) and Polar® Telemetry (chest strap required)

Additional Standard Features

- Ergonomically correct moving arm handles provide total-body workout
- Dual-level alphanumeric LED console
- 16 workouts, including 2 ZoneTraining+™ workouts
- 25 resistance levels
- User can select from up to 4 different languages
- Oversized non-slip pedals minimizes lateral hip shifting
- 350 lbs maximum user weight
- Integrated reading rack and accessory tray
- Self-powered; optional plug-in accessory
- Customized cool down
- Available in North America and select international countries
- Available with 17" HD Ready Diagonal Wide Screen Format Attachable TV

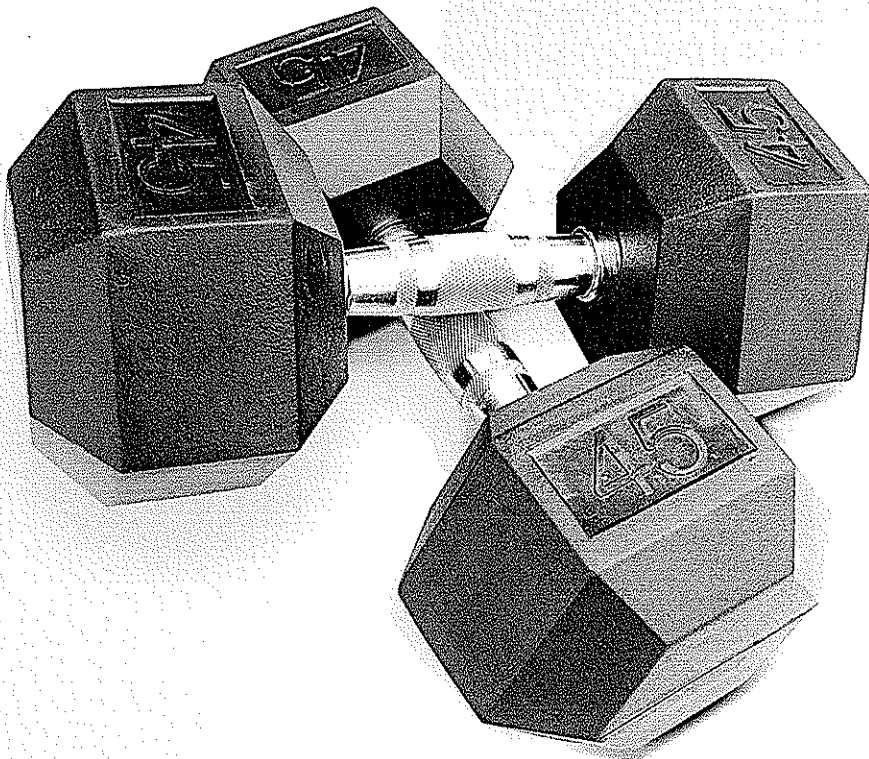


Intek

STRENGTH

QUALITY
VALUE
INTEGRITY

PREMIUM RUBBER OCTAGON DUMBBELLS



FEATURES

:: CONSTRUCTION

- » high-grade virgin rubber encasement
- » hardened chrome, contoured handles
- » medium knurling
- » recessed numbers and lettering

:: AVAILABILITY

- » 5-100 lbs in 5 lb increments
- » 3 lb, 8 lb & 12 lb increments also available

Intek Strength | 1211 Weaver Road | PO Box 430 | Herrin, IL 62948
email info@intekstrength.com **online** www.intekstrength.com **toll free** 866.996.3825

Intek

STRENGTH

QUALITY
VALUE
INTEGRITY

PREMIUM RUBBER OLYMPIC PLATES



FEATURES

:: CONSTRUCTION

- » high-grade virgin rubber
- » high-quality cast iron core
- » ergonomic grip surface matches anatomical shape of the hand

:: AVAILABILITY

- » 100 lbs, 45 lbs, 35 lbs, 25 lbs, 10 lbs, 5lbs and 2.5 lbs increments
- » 100 lbs, 45 lbs, 35 lbs, 25 lbs and 10 lbs increments have ergonomic grip openings

Intek Strength | 1211 Weaver Road | PO Box 430 | Herrin, IL 62948

email info@intekstrength.com online www.intekstrength.com toll free 866.996.3825

Showcase Profile — Akron General Health & Wellness Center

FACILITY

Akron General Lifestyles - North

LOCATION

Stow, OH

SIZE

53,000 Sq. Ft

WEB SITE

<http://www.akrongeneral.org>

DESCRIPTION

Akron General Health & Wellness Center is a multi-dimensional out-patient facility that brings together a wide range of clinical and retail-oriented health services in an effort to significantly improve the health of the community, focusing on prevention, early detection and out-patient treatment.

Akron General's center was recognized nationally as the first health and wellness center to truly integrate rehabilitation with the prevention components of health. The center shares equipment, staff and space. There are no walls separating services, and equipment cannot be reserved by any individual service.

The largest portion of the building consists of a 53,000 square foot, medically-supervised, membership-based, health and fitness center called Akron General LifeStyles-North. The center focuses on the prevention of lifestyle-related disease, illness and injury through regular participation in physical activity, disease management and health education.

"Being the leader in medical fitness, LifeStyles must have the world's best equipment. The appearance and functionality of the equipment should enhance our position as the leader in medical fitness. With those requirements there was only one choice, Life Fitness. Life Fitness equipment has a "cutting edge" look that excites new member prospects, and the strength equipment is easily adjustable to meet the varied heights and sizes of our members while maintaining it's superb ergonomic motions. Keeping the equipment functional under heavy use is also important. In those infrequent cases when repairs are needed, our sales representative has been just as responsive to our needs as he was when he was making the sale. Best of all our members love the products!"

— Scott Ruff, Facility Manager

EQUIPMENT

- Life Fitness® Treadmills
- Life Fitness Elliptical Cross-Trainers
- Life Fitness Lifecycle® Exercise Bikes
- Life Fitness Summit Trainers
- Life Fitness Stairclimbers
- Life Fitness Signature Series Single Stations
- Life Fitness Signature Series Cable Motion



Life Fitness

Showcase Profile — David Barton Gym

FACILITY

David Barton Gym

LOCATION

Chicago, IL (also New York and Miami)

SIZE

Approx. 35,000 Sq. Ft.

WEBSITE

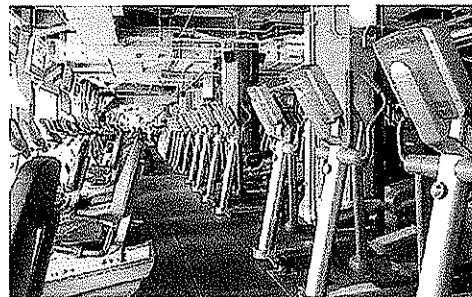
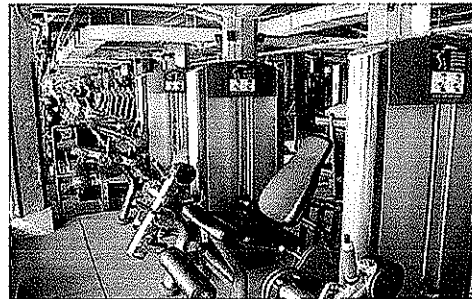
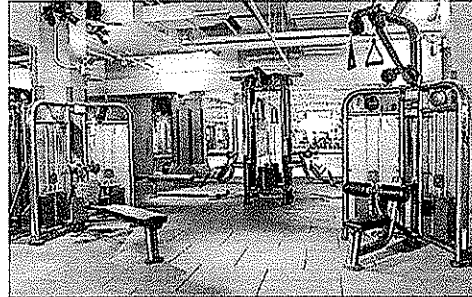
www.davidbartongym.com

DESCRIPTION

Newly opened in renovated warehouse space on the Chicago River, David Barton Gym Chicago provides a strikingly modern interior design with state-of-the-art equipment to compliment its mod décor.

EQUIPMENT

- Life Fitness Treadmills
- Life Fitness Cross-Trainers
- Lifecycle Exercise Bikes
- Life Fitness Stairclimbers
- Signature Series Strength
- Pro2 Series Strength
- Cable Motion Series Strength
- Hammer Strength Plate Loaded
- Hammer Strength MTS
- Hammer Strength Benches and Racks
- LeMond RevMaster Indoor Cycling Bikes



Life Fitness

Showcase Profile — Edgewood Community Center

FACILITY

The Edgewood Community Center

LOCATION

Canton, OH

SIZE

22,000 Sq. Ft.

WEBSITE

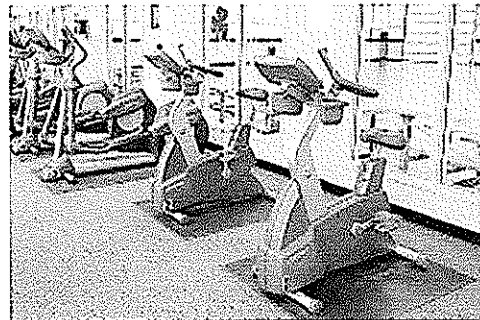
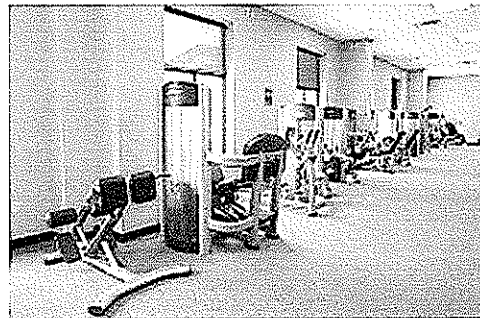
www.EdgewoodCommunityCenter.com

DESCRIPTION

Edgewood Community Center was created to enrich the community's physical, emotional, and spiritual health through fitness, sports, arts, recreation, wellness and Christian love. The non-profit facility includes a 9,000 square foot gymnasium, 1,000 square foot first floor fitness area with Life Fitness cardio and strength machines and mezzanine area with Hammer Strength equipment. The community center also has a dance studio, 500 square foot child watch area, men's and women's locker rooms and a 5,000 square foot auditorium.

"I can say that the number one reason I chose Life Fitness was because of my experience with the sales representative. He was knowledgeable, competent, and did exactly what he said he would do. In addition he also provided excellent service before, during and after the sale. The other reason I chose Life Fitness was because everyone I spoke to recommended it. In our specific case, the equipment was the absolute best value for the money."

— Tim Roshong, Executive Director



Life Fitness

Showcase Profile — Manulife Corporate Fitness Center

FACILITY
Manulife Corporate Fitness Center

LOCATION
Schaumburg, IL

SIZE
10,000 Sq. Ft.

WEBSITE
www.manulife.com

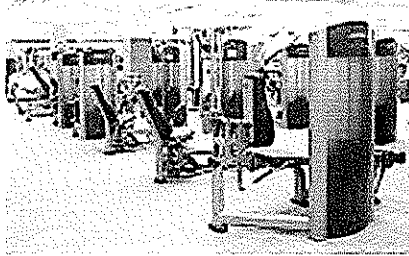
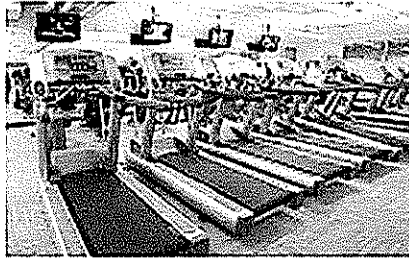
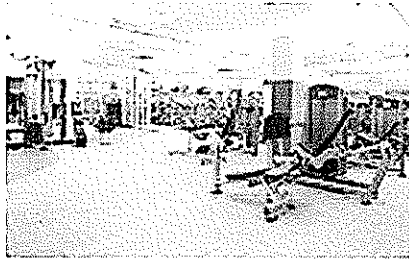
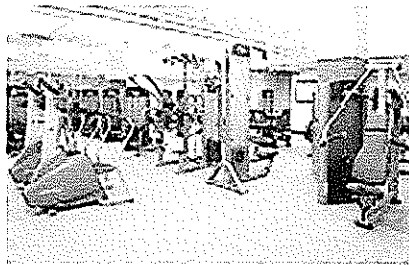
DESCRIPTION
Manulife Financial, a leading Canadian-based financial services company, operates worldwide and offers a diverse range of financial protection products and wealth management services. Their regional office located in Schaumburg, Illinois, boasts a 10,000 square foot facility for its employees.

"Life Fitness has a strong reputation for both cardio and strength equipment. The modern design and user-friendly equipment was perfect for our employees and our vision for the company facility."

— Suzanne Jacobs, Program Manager

EQUIPMENT

- Life Fitness Recumbent
- Life Fitness Elliptical Cross-Trainers
- Life Fitness Star Climbers
- Life Fitness Cable Motion™ Strength
- Life Fitness Signature Series Strength
- Hammer Strength Plate-Loaded
- Hammer Strength Ground Base® Machines
- Hammer Strength Heavy Duty Racks and Platforms



Life Fitness

Showcase Profile – Athletico

FACILITY
Athletico

LOCATION
Chicago, IL

SIZE
Approx. 10,000 Sq. Ft.

WEBSITE
www.athletico.com

DESCRIPTION
Athletico offers rehabilitation, fitness, and performance services at over 25 locations in the Chicagoland area.

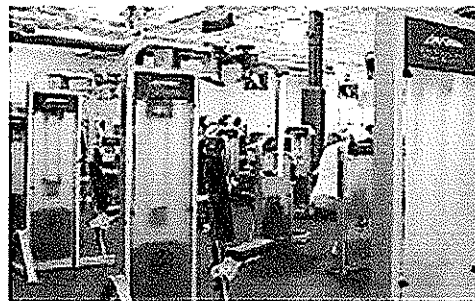
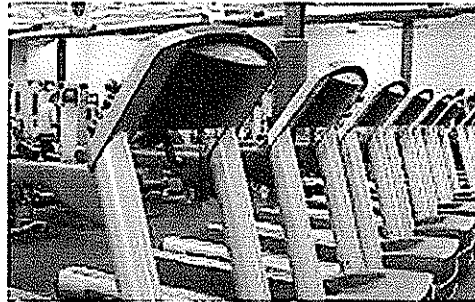
EQUIPMENT

- Life Fitness Treadmills
- Life Fitness Cross-Trainers
- Lifecycle Expresso Bikes
- Signature Series Strength
- Pro2 Series Strength
- Cable Motion Strength
- Hammer Strength Plate Loaded
- Hammer Strength MTS

"I trust Life Fitness equipment in my facilities to represent the pride I have in doing my job to the best of my abilities. As a matter of fact, 95% of our equipment in the last 3 facilities we've opened is Life Fitness and Hammer Strength."

"With strength equipment like the Signature Series we were able to create a comfortable and non-intimidating atmosphere for our novice and intermediate members. And the Dual Adjustable Pulley can train just about any athlete by mimicking the functional movements of their sport."

Phil Hader, Director of Performance and Fitness, Athletico



Life Fitness

Showcase Profile — Orinda Country Club

FACILITY
Orinda Country Club

LOCATION
Orinda, CA

SIZE
1700 Sq. Ft.

WEBSITE
<http://www.orindacc.org>

DESCRIPTION

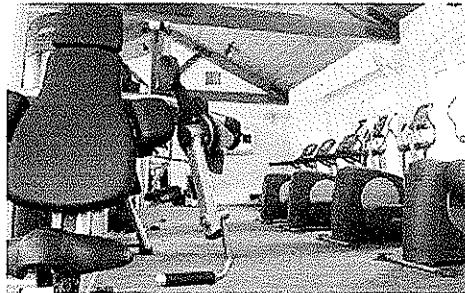
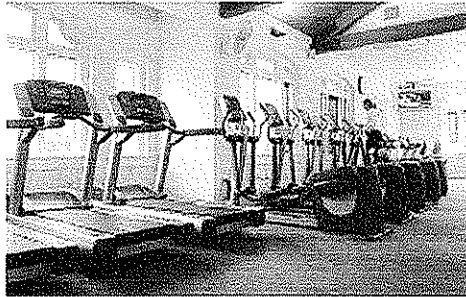
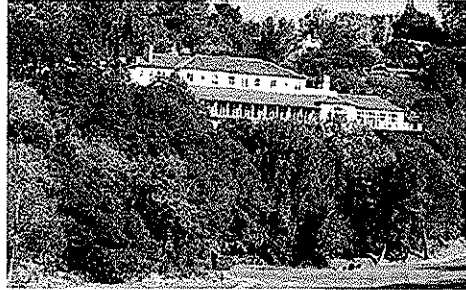
Orinda Country Club, nestled in the Northern California hills of Orinda, is a full-service, family-oriented, private club. The property includes a Willie Watson-designed golf course, eight tennis courts, a Fitness Center featuring Life Fitness cardio and strength equipment, a state-of-the-art pool facility and an upscale dining experience. Founded in 1924, Orinda Country Club strives to remain the pre-eminent golf, swim, tennis, fitness and dining club in the region. This unique club selected Life Fitness equipment to reflect their standing reputation as one of the premier country clubs in the area.

"We were looking for equipment that was both high-end and could withstand the heavy use of our members. My experience with the local Life Fitness representative and the equipment overall has been great."

Jeff Southwick, Director of Health and Fitness

EQUIPMENT

- Life Fitness® Treadmills
- Life Fitness Elliptical Cross-Trainers
- Life Fitness Lifecycle® Exercise Bikes
- Life Fitness Signature Series Single Stations
- Life Fitness Signature Series Cable Motion



Life Fitness

Showcase Profile — Akron General Health & Wellness Center

FACILITY

Akron General Lifestyles - North

LOCATION

Stow, OH

SIZE

53,000 Sq. Ft

WEB SITE

<http://www.akrongeneral.org>

DESCRIPTION

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— Scott Ruff, Facility Manager

EQUIPMENT

- Life Fitness® Treadmills
- Life Fitness Elliptical Cross-Trainers
- Life Fitness Lifecycle® Exercise Bikes
- Life Fitness Summit Trainers
- Life Fitness Stairclimbers
- Life Fitness Signature Series Single Stations
- Life Fitness Signature Series Cable Motion



Life Fitness

HOTELS / RESORTS

Caesar's Palace
Four Points Sheraton
Four Seasons
Hyatt
Mandalay Bay
Mandarin
Opryland
Sheraton
Tropicana
Westin

CORPORATIONS

Aetna
American Airlines
Amgen
Citibank
Compaq
Del Webb
Disney
Exxon
Gannett / USA Today
Hewlett-Packard
Intel
JP Morgan / Chase Bank
Kraft
LGE Corporation
Metlife
Nabisco
Texas Instruments

UNIVERSITIES

Arizona State University
Cornell University
Florida State University
George Washington University
New York University
UCLA
University of Florida
University of Miami
University of Michigan
University of Nebraska
University of Notre Dame
University of Pennsylvania

MILITARY FITNESS CENTERS

Fort Bragg
Fort McNair Military Defense School
Great Lakes Naval Station
Marine Corps Base – Camp Lejuene
US Army Special Forces
US Navy Seals
USS Roosevelt
Warner Robbins Air Force Base
West Point

PROFESSIONAL TEAMS

Boston Celtics
Cincinnati Reds
Dallas Cowboys
Green Bay Packers
New Jersey Nets
New York Giants
New York Yankees
Philadelphia Phillies
Pittsburgh Penguins
St. Louis Blues
St. Louis Rams
Tennessee Titans

MULTI-UNIT RESIDENTIAL

AIMCO
Avalon Bay
Concord
GID (General Investment Dev.)
Lennar
Pulte
Toll Brothers

HEALTH CLUBS

Crunch
East Bank Club
Equinox
LA Fitness
Life Time Fitness
24 Hour Fitness
New York Sports Clubs
Pure Fitness
Spectrum Clubs
The Sports Club Corporation
TSI

Life Fitness



**Chief Logan Recreation Center
Equipment Models and Pricing**

Item No.	Quantity	Equipment	Manufacturer	Model	*Unit Price	*Total
1	1	Leg Press	Life Fitness	Pro Series PSSLP	\$ 3,572.51	\$ 3,572.51
2	1	Leg Extension	Life Fitness	Pro Series PSLE	\$ 2,344.51	\$ 2,344.51
3	1	Seated Leg Curl	Life Fitness	Pro Series PSSLC	\$ 2,414.51	\$ 2,414.51
4	1	Inner Thigh	Life Fitness	Pro Series PSHAD	\$ 2,308.51	\$ 2,308.51
5	1	Out Thigh	Life Fitness	Pro Series PSHAB	\$ 2,308.51	\$ 2,308.51
6	1	Chest Press	Life Fitness	Pro Series PSCP	\$ 2,168.51	\$ 2,168.51
7	1	Shoulder Press	Life Fitness	Pro Series PSSP	\$ 2,168.51	\$ 2,168.51
8	1	Pectoral Fly	Life Fitness	Pro Series PSFLY	\$ 2,239.51	\$ 2,239.51
9	1	Lat Pulldown	Life Fitness	Pro Series PSPD	\$ 1,957.51	\$ 1,957.51
10	1	Seated Row	Life Fitness	Pro Series PSRW	\$ 2,239.51	\$ 2,239.51
11	1	Biceps Curl	Life Fitness	Pro Series PSBC	\$ 2,098.51	\$ 2,098.51
12	1	Triceps Extension	Life Fitness	Pro Series PSTE	\$ 2,098.51	\$ 2,098.51
13	1	Low Back Extension	Life Fitness	Pro Series PSBE	\$ 2,308.51	\$ 2,308.51
14	1	Abdominal	Life Fitness	Pro Series PSABC	\$ 2,308.51	\$ 2,308.51
15	1	Rotary Torso	Life Fitness	Signature FZTR	\$ 3,160.72	\$ 3,160.72
16	1	Cable Crossover	Life Fitness	Cable Motion CMACO	\$ 3,197.16	\$ 3,197.16
17	1	Max Rack or Equal	Hammer Strength	Plate Loaded Smith Machine	\$ 2,959.26	\$ 2,959.26
18	1	Dip Unit	Hammer Strength	Benches and Racks BWCDL	\$ 972.43	\$ 972.43
19	3	Adjustable Benches	Hammer Strength	Benches and Racks FWADJ	\$ 649.43	\$ 1,948.29
20	5-50X5	Rubber Coated Hex Dumbbells	Intek	ROOCSET	\$ 643.50	\$ 643.50
21	1	Dumbbell Rack	Hammer Strength	Benches and Racks FWDJR2	\$ 689.43	\$ 689.43
22	6	Rubber Coated 45 lb. Plate	Intek	ITRP-045	\$ 55.25	\$ 331.50
23	2	Rubber Coated 35 lb. Plate	Intek	ITRP-035	\$ 42.90	\$ 85.80
24	2	Rubber Coated 25 lb. Plate	Intek	ITRP-025	\$ 31.20	\$ 62.40
25	4	Rubber Coated 10 lb. Plate	Intek	ITRP-010	\$ 12.35	\$ 49.40
26	2	Rubber Coated 5 lb. Plate	Intek	ITRP-005	\$ 6.50	\$ 13.00
27	2	Rubber Coated 2.5 lb. Plate	Intek	ITRP-002.5	\$ 3.25	\$ 6.50
28	20-60X10	Rubber Coated Fixed Straight Barbell	Intek	BBRP	\$ 406.90	\$ 406.90
29	20-60X10	Rubber Coated E-Z Curl Barbell	Intek	CBRP	\$ 406.90	\$ 406.90
30	1	Fixed Barbell Rack	Hammer Strength	Benches and Racks FWBAR	\$ 649.43	\$ 649.43
31	4	Commercial Treadmill	Life Fitness	Classic Series CLST	\$ 4,058.39	\$ 16,233.56
32	3	Commercial Elliptical	Life Fitness	Classic Series CLSX	\$ 3,021.06	\$ 9,063.18
33	1	Intek Freight	N/A	N/A	\$ 365.00	\$ 365.00
Total					\$ 73,780.50	\$ 73,780.50

*Pricing includes freight, delivery and installation.