

State of West Virginia
Department of Administration
Purchasing Division
2019 Washington Street East
Post Office Box 50130
Charleston WV 25305-0130

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Peoplework Solutions Inc.

497 1st Ave. South

Nitro, WV 25143-2313

Request for Quotation

DEP14213

PAGE

ADDRESS CORRESPONDENCE TO ATTENTION OF

CHUCK BOWMAN 304-558-2157

9H-P TO

ENVIRONMENTAL PROTECTION
DEPARTMENT OF
OFFICE OF ADMINISTRATION
601 57TH STREET SE
CHARLESTON, WV
25304 304-926-0499

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WHEN RESPONDING TO RFQ, INSERT NAME AND ADDRESS IN SPACE ABOVE LABELED 'VENDOR'

GENERAL TERMS & CONDITIONS REQUEST FOR QUOTATION (RFQ) AND REQUEST FOR PROPOSAL (RFP)

- Awards will be made in the best interest of the State of West Virginia.
- 2. The State may accept or reject in part, or in whole, any bid.
- 3. All quotations are governed by the West Virginia Code and the Legislative Rules of the Purchasing Division.
- Prior to any award, the apparent successful vendor must be properly registered with the Purchasing Division and have paid the required \$125.00 registration fee.
- 5. All services performed or goods delivered under State Purchase Orders/Contracts are to be continued for the term of the Purchase Order/Contract, contingent upon funds being appropriated by the Legislature or otherwise being made available. In the event funds are not appropriated or otherwise available for these services or goods, this Purchase Order/Contract becomes void and of no effect after June 30.
- 6. Payment may only be made after the delivery and acceptance of goods or services.
- Interest may be paid for late payment in accordance with the West Virginia Code.
- 8. Vendor preference will be granted upon written request in accordance with the West Virginia Code.
- 9. The State of West Virginia is exempt from federal and state taxes and will not pay or reimburse such taxes.
- 10. The Director of Purchasing may cancel any Purchase Order/Contract upon 30 days written notice to the seller.
- 11. The laws of the State of West Virginia and the Legislative Rules of the Purchasing Division shall govern all rights and duties under the Contract, including without limitation the validity of this Purchase Order/Contract.
- 12. Any reference to automatic renewal is hereby deleted. The Contract may be renewed only upon mutual written agreement of the parties.
- 13. BANKRUPTCY: In the event the vendor/contractor files for bankruptcy protection, this Contract may be deemed null and void, and terminated without further order.
- 14. HIPAA Business Associate Addendum The West Viginia State Government HIPAA Business Associate Addendum (BAA), approved by the Attorney General, and available online at the Purchasing Division's web site (http://www.state.wv.us/admin/purchase/vrc/hipaa.htm) is hereby made part of the agreement. Provided that, the Agency meets the definition of a Covered Entity (45 CFR §160.103) and will be disclosing Protected Health Information (45 CFR §160.103) to the vendor.

INSTRUCTIONS TO BIDDERS

- Use the quotation forms provided by the Purchasing Division.
- 2. SPECIFICATIONS: Items offered must be in compliance with the specifications. Any deviation from the specifications must be clearly indicated by the bidder. Alternates offered by the bidder as EQUAL to the specifications must be clearly defined. A bidder offering an alternate should attach complete specifications and literature to the bid. The Purchasing Division may waive minor deviations to specifications.
- 3. Complete all sections of the quotation form.
- 4. Unit prices shall prevail in cases of discrepancy.
- 5. All quotations are considered F.O.B. destination unless alternate shipping terms are clearly identified in the quotation.
- 6. BID SUBMISSION: All quotations must be delivered by the bidder to the office listed below prior to the date and time of the bid opening. Failure of the bidder to deliver the quotations on time will result in bid disqualifications.

SIGNED BID TO:

Department of Administration Purchasing Division 2019 Washington Street East Post Office Box 50130 Charleston, WV 25305-0130



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RFQ COPY

Corporation

Nitro, WV 25143

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Peoplework Solutions

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304-558-2157

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OFFICE OF ADMINISTRATION
601 57TH STREET SE
CHARLESTON, WV
25304 304-926-0499

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Nitro, WV 25143

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DATE PRINTED TERMS OF SALE: SHIP VIA F.O.B; FREIGHT TERMS 01/17/2008 BID OPENING DATE: 02/13/2008 BID OPENING TIME 01:30PM CAT. LINE YTITAAUO UOP ITEM NUMBER UNIT PRICE AMOUNT DATE: SIGNED: TITLE: * CHECK ANY COMBINATION OF PREFERENCE CONSIDERATION(S) IN EITHER "A" OR "B", OR BOTH "A" AND "B" WHICH YOU ARE ENTITLED TO RECEIVE. YOU MAY REQUEST UP TO THE MAXIMUM 5% PREFERENCE FOR BOTH "A" AND "B". (REV. 12/00) NOTICE AN ORIGINAL, SIGNED BID MUST BE SUBMITTED TO: DEPARTMENT OF ADMINISTRATION PURCHASING DIVISION BUILDING 15 2019 WASHINGTON STREET, EAST CHARLESTON, WV 25305-0130 BID MUST CONTAIN THIS INFORMATION ON THE FACE OF THE ENVELOPE OR THE BID MAY NOT BE CONSIDERED: SEALED BID BUYER: CB-23 SEE REVERSE SIDE FOR TERMS AND CONDITIONS SIGNATURE



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<u>SCOPE OF SERVICE</u> – The EAP for DEP will cover approximately 825 employees, including their spouses and dependents.

PROGRAM SERVICES

- Policy and Procedure Review
- Orientation and Training
- Ongoing Management Consultations
- Employee Communications Program
- Personal Education Workshops
- Personal Consultation Service
- Screened and Monitored Referral Service
- Case Management Services
- Reporting and Crisis Management
- Critical Incident Intervention
- Management Issues Clarification
- Telephone/Call-in Counseling (Toll Free Number)
- On-Site Group Intervention (8 sessions in selected locations throughout the State of WV)

STAFFING

Clinical staff shall include or be available at a minimum, the following:

Six (6) trained Psychologists in the following areas:

- Family Counseling
- Child Counseling
- Adult Counseling
- Seniors Counseling
- Adolescent Counseling
- Psychological Testing

Staff shall be available throughout the State of WV.

POLICY AND PROCEDURE REVIEW

Working with appropriate agency personnel, the vendor will assist in the review of existing policies and procedures regarding chemical dependency and other personal problems that affect employee performance. A thorough analysis of mental health and substance abuse coverage accorded employees and dependents via existing group health plans will be conducted. The vendor will create an Employee Assistance Program Policy and Procedure that will serve as a base for all EAP activity. The policy and procedure shall clearly state the procedural actions required to assure optimal program implementation as well as the interface between the EAP and other employee programs and benefits. This policy and procedure will be developed within 90 days of the contract award.

ORIENTATION AND TRAINING

To maximize program effectiveness the vendor will provide orientation and training programs for all management personnel within DEP.

- 1) Executive Orientation, Supervisor/Manager Orientation the vendor will provide multiple one-hour orientations for all management personnel and all employees with supervision as part of their day-to-day role, at locations listed below. These sessions will be conducted prior to formal announcement of the program to allow for last minute procedural adjustments and to assure support for the program from its very inception. A schedule for these sessions will be established with 90 days of award of the contract.
- 2) Presentation to all DEP Employees Orientation/Training sessions for non-supervisory employees shall be conducted at the following West Virginia locations:
 - Fairmont
 - Kanawha City
 - Logan
 - Oak Hill
 - Philippi
 - Wheeling

Ongoing Training and Orientation

- 1) Vendor will provide consultation for any manager/supervisor considering the referral of an employee to the EAP. Vendor will assist in the "Conflict Resolution" process as needed. This consultation should aide managers and supervisors in dealing with difficult or sensitive problems. Where requested, the vendor will meet with supervisors and employees to facilitate conflict resolution.
- 2) The vendor will provide an orientation program to be provided to all new employees either via a video provided to DEP staff or via a personal presentation by vendor staff at quarterly New Employee Orientations.

Employee Communications Program

There are many variables such as employee demographics, types of service available, etc. that affect utilization in an EAP. In order to establish an effective campaign to encourage self-referrals and to keep the program fresh in the minds of all personnel, the vendor will design a communications program based on DEP's unique variables. Among the promotions anticipated are; home mailings, handouts, brochures, posters, and newsletter articles. All the promotional material should be geared toward encouraging positive, preventative mental health and early use of EAP services. The vendor will carry out at least one communications program directed to all DEP employees per quarter. A plan for the yearly communications will be presented within 90 days of contract award.

Personal Education Workshops

The vendor will be available to provide up to two one-hour workshops per year at each location (Fairmont, Kanawha City, Logan, Oak Hill, Philippi and Wheeling). The designated EAP Coordinator and the vendor will jointly determine subject matter. Examples of workshops provided shall include alcohol/drug awareness, parenting skills, stress management, interpersonal communications, personal budgeting, the relationship between positive mental health and

physical health, adapting to change (both on and off the job), dual career families, etc. Seminars should help employees improve various life skills, but establish a relationship of trust in the EAP staff which encourages early seeking of consultation for emerging personal concerns. They should form a critical element in a preventative Employee Assistance Program.

Personal Consultation Services

The vendor shall provide professional, experienced counselors to make accurate diagnosis of an employee's problem. As a result, it is anticipated that seventy percent (70%) of the individuals seeking counseling will not require referral to community resources.

Consultation is to be provided by appointment both days and evenings. Response to emergency requests for Management referral. Limits of confidentiality will be established per the Policy and Procedure Review and development process noted earlier. These are to be fully explained to all employees prior to program participation. It is anticipated that up to ten percent (10%) of all employees will utilize the EAP. It is also anticipated that ninety percent (90%) of the employees using the EAP will do so on a self-referral basis and ten percent (10%) will use the program at the request program at the request of a supervisor. The actual ration achieved will depend on the EAP policies and procedures established by the agency.

It is estimated that seventy to seventy-five percent (70-75%) of the employees seeking help can be assisted by the EAP with no out-of-pocket expense or use of group health benefits. Short-term counseling usually involves four to eight sessions spread over a two or three month period. Short-term counseling is a highly focused, goal-directed counseling that encourages the client in more responsible decision-making and improved interpersonal skills. Counseling will involve a four-step process including:

- 1) problem clarification
- 2) search for alternatives
- 3) personal action plan development
- 4) follow-up and support

Screened and Monitored Referral Service

For employees with personal problems requiring highly specialized care or hospitalization, vendor counselors will provide referral to screened and monitored treatment resources if necessary. Vendor shall use extreme care to assure objectivity in the referral process. Consideration will be given not only to the assessed problem but also to location, fees, and third-party coverage. The final choice of a referral resource is always made by the employee except in certain life-threatening situations. The employee approves releases of information in order that the EAP counselor and referral resource may exchange information relevant to the case. Fees for professional services rendered by resources other than the EAP will be the responsibility of the employee and/or his or her group medical insurance.

Case Management Services

In the case of a "mandatory referred" employee, the vendor will remain in regular contact with the referring personnel to assure consistency in management practice and to encourage follow through on the part of the employee.

REPORTING

Quarterly Reports

The vendor will provide on going analysis of program effectiveness. Statistical reports will include the number of persons using the program, types of problems identified, and demographic data. All reporting shall be done in such a way to assure confidentiality. An annual report will include year-end statistical findings, a review of all programming activities for the year, and suggestions for program reinforcement.

Employee Records

All employee records are considered to be the property of the State of West Virginia. Upon termination of this contract all employee records shall be turned over at no cost to the agency and/or held by the vendor for a period of one year. Upon written request by the agency the vendor shall transfer all records to another vendor in a safe and secure manner. If no transfer is requested by the agency within one year, all employee records shall be destroyed in a safe and secure manner at no cost to the agency.

Billing

The vendor may bill the agency (in arrears) either on a monthly or quarterly basis.

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STATE OF WEST VIRGINIA Purchasing Division

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PURCHASING AFFIDAVIT

West Virginia Code §5A-3-10a states: No contract or renewal of any contract may be awarded by the state or any of its political subdivisions to any vendor or prospective vendor when the vendor or prospective vendor or a related party to the vendor or prospective vendor is a debtor and the debt owed is an amount greater than one thousand dollars in the aggregate

DEFINITIONS:

"Debt" means any assessment, premium, penalty, fine, tax or other amount of money owed to the state or any of its political subdivisions because of a judgment, fine, permit violation, license assessment, defaulted workers' compensation premium, penalty or other assessment presently delinquent or due and required to be paid to the state or any of its political subdivisions, including any interest or additional penalties accrued thereon.

"Debtor" means any individual, corporation, partnership, association, limited liability company or any other form or business association owing a debt to the state or any of its political subdivisions. "Political subdivision" means any county commission; municipality; county board of education; any instrumentality established by a county or municipality; any separate corporation or instrumentality established by one or more counties or municipalities, as permitted by law; or any public body charged by law with the performance of a government function or whose jurisdiction is coextensive with one or more counties or municipalities. "Related party" means a party, whether an individual, corporation, partnership, association, limited liability company or any other form or business association or other entity whatsoever, related to any vendor by blood, marriage, ownership or contract through which the party has a relationship of ownership or other interest with the vendor so that the party will actually or by effect receive or control a portion of the benefit, profit or other consideration from performance of a vendor contract with the party receiving an amount that meets or exceed five percent of the total contract amount.

EXCEPTION: The prohibition of this section does not apply where a vendor has contested any tax administered pursuant to chapter eleven of this code, workers' compensation premium, permit fee or environmental fee or assessment and the matter has not become final or where the vendor has entered into a payment plan or agreement and the vendor is not in default of any of the provisions of such plan or agreement.

LICENSING: Vendors must be licensed and in good standing in accordance with any and all state and local laws and requirements by any state or local agency of West Virginia, including, but not limited to, the West Virginia Secretary of State's Office, the West Virginia Tax Department, West Virginia Insurance Commission, or any other state agencies or political subdivision. Furthermore, the vendor must provide all necessary releases to obtain information to enable the Director or spending unit to verify that the vendor is licensed and in good standing with the above entities.

CONFIDENTIALITY: The vendor agrees that he or she will not disclose to anyone, directly or indirectly, any such personally identifiable information or other confidential information gained from the agency, unless the individual who is the subject of the information consents to the disclosure in writing or the disclosure is made pursuant to the agency's policies, procedures and rules. Vendors should visit **www.state.wv.us/admin/purchase/privacy** for the Notice of Agency Confidentiality Policies.

Under penalty of law for false swearing (West Virginia Code, §61-5-3), it is hereby certified that the vendor acknowledges the information in this said affidavit and are in compliance with the requirements as stated.

Vendor's Name: Teoplework	Solutions (6010		
Authorized Signature:	2 allup	Date:	2/1/08	
Purchasing Affidavit (Revised 06/15/07)			/ /	

Proposal

To:

WV Division of Environmental Protection RFQ# DEP14213

For:

Employee Assistance Services

Submitted by:

Peoplework Solutions Corporation

497 First Avenue South

Nitro, WV 25143

February 5, 2008

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Overview and Perspective:

In the course of little more than three decades, employee assistance programs (EAP's) have become commonplace in work organizations. More than ninety percent of Fortune 500 companies provide employee assistance programs to their employees, and surveys indicate as many as two thirds of medium sized businesses offer them, as well. Employee assistance programs are perceived as providing services to employees services that are primarily clinical or informational. Employee assistance programs are promoted as a means of assisting workers with alcohol and drug problems – their original mission, as well as, stress management, crisis intervention, and a myriad of relational, family, and workplace issues. Employee assistance programs are further promoted as a service to help maximize workforce performance, conflict management, and ultimately, Employee assistance programs, however, provide an additional vital service to an organization, as well. In addition to being clinical and individually focused, employee assistance programs also function as independent problem solvers, serving both the employee and the employer. Employee assistance programs are an employer's expert consultants on human dynamics in the workplace and often serve as troubleshooters for larger organizational issues.

Peoplework Solutions Corporation is a woman-owned, West Virginia small business providing comprehensive employee assistance services (Employee Assistance Resource Service – **EARS**) for West Virginia employers. We are the only independent EAP provider in West Virginia; and therefore, we are not in competition with, nor aligned with, any treatment provider or facility. Our comprehensive services and independence allow employers to contain and manage health-care costs as well as to reduce out-of-pocket expenditures for their employees.

Peoplework Solutions Corporation presently provides statewide and multi – state EAP services to over 60 companies, organizations, and government agencies. A locally owned and managed business, we are also contracted by the major national employee assistance programs' management firms to deliver services to their West Virginia customers. In addition, we are contracted directly by state agencies and smaller businesses to provide employee assistance programs and training services for their employees. Our quality of service and ethical performance are the trademarks for which we are known; and we look forward to the opportunity of extending our professional services to the Division of Environmental Protection (DEP).

Peoplework Solutions is a "true" EAP provider. Our EAP services include assessment; short-term, solution-focused counseling; coaching; and referrals for treatment when requested or deemed necessary. Unlike other providers we are not a counseling/therapy business, based on the medical model. The differences between the Employee Assistance Resource Services (**EARS**), offered by Peoplework Solutions and other employee assistance programs (EAP's) in West Virginia are distinctive:

- 1. A broad perspective on human behavior and problem resolution and workplace impact.
- 2. Non-affiliation with any therapy or treatment providers.
- 3. A comprehensive knowledge of organizations, work demand, job performance and employer/employee issues.

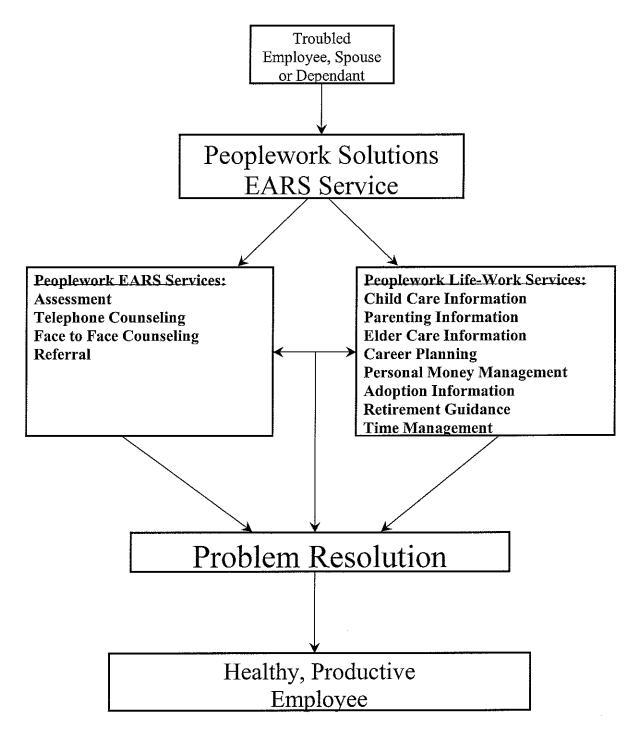
Most EAP's in West Virginia are marketing arms for therapy practices or treatment services. **EARS** is different. **EARS** is based on the work centered model and not the disease/treatment medical model. Our focus is on serving as the bridge between the employer/organization and the providing community. It is our purpose to insure that your employees and their family members receive timely, appropriate and cost-effective solutions to problems that may negatively affect the quality of their lives and their workplace productivity – substance abuse, relational, family, emotional, financial, and legal issues.

Peoplework Solutions is not a provider of long-term therapy, as are most other employee assistance program vendors. Therefore, you can rest assured we will not be using your EAP service as a marketing mechanism for reaching into your more costly insurance benefits. Over 51% of the individuals we see never require additional services. Only when on-going counseling, therapy or medical treatment is necessary for recovery, is a client referred for other benefits through his/her health care provider. Individuals are then referred to the provider (s) most qualified to meet their needs.

This type of employee assistance process is most valuable to you as an employer. Employees will be quickly and efficiently assessed in a professional and confidential manner. This assessment incorporates not only an understanding of the psychological aspects of any problem, but also the integration of work and the need to assist the individual in maintaining productivity. Most problems can be solved without medical intervention, which keeps your health care costs lower. You save your people, your productivity and your money.

Our employee assistance service is but one of the vital services offered by **Peoplework Solutions**. We are a full-service, human resource development firm. Therefore, our perspective on human problems and concerns is holistic, as is our view of larger organizational issues. In fact, because we are a human resource firm and have staff members knowledgeable about employment, **Peoplework Solutions** has served as a resource for management on a variety of H.R. issues. Our services have included management consulting; employee selection; conflict resolution/mediation with entire groups; consultation regarding the Americans with Disabilities Act (ADA); wellness programs; development of Affirmative Action Plans; critical incident intervention and stress management; employee development training; career planning and coaching. Our holistic approach and knowledge of larger organizational issues have enabled us to serve the employee, and assist the agency or business in meeting goals through helping create and maintain a healthy and productive workplace.

Peoplework Solutions' Service



Professional History:

Peoplework Solutions Corporation has offered an extensive range of professional services to a very diverse customer base of large and small, private and public businesses throughout West Virginia and bordering states for more than 10 years. Our comprehensive services include, but are not limited to:

- Employee Assistance Resource Service (EARS): Contracts with over 60 companies to provide assessments, counseling and crisis intervention on a 24-hour basis.
- Presentation Services: Workshops, Training, Seminars, and Keynotes.
- Career Transition Services: Recruitment, Pre-employment Assessment, Interviewing, Employee Assessment, Background Checks, Outplacement, and Retirement Planning.
- Problem Solving: Team Building, Strategic Planning, Organizational Development, and Conflict Resolution.

In addition to the large corporations and smaller private businesses for which we provide human resource development services, we have been the provider of choice for a number of West Virginia state agencies. We have contracted to provide employee assistance services and technical consultation for the Bureau of Employment Programs and the WV Attorney General. Our statewide employee assistance program with the West Virginia Department of Rehabilitation Services spans 12 years. We have a 10-year history serving West Virginia State College; a 9-year history of providing employee assistance services statewide to the West Virginia State Police, Department of Public Safety; and an 8-year history serving the West Virginia Division of Banking. The experiences we have gained serving these state agencies further enhances our ability to meet the needs of the Department of Environmental Protection.

Scope of Service:

Our employee assistance services (EARS) will be offered to the 825 DEP employees, their spouses and immediate family members with the following eligibility criteria:

"Immediate Family" is defined as those persons living within the employee's household on a permanent basis, and includes minor children attending school or college.

PROGRAM SERVICES

Policy and Procedure Review:

Peoplework Solutions will conduct a review of existing workplace policies and procedures for DEP employees regarding chemical dependency, substance abuse issues and other behavior problems that may affect the performance of the employee. Assistance will be provided to DEP by **Peoplework Solutions** in creating and designing new procedures, where appropriate, for EAP activities, and interfacing with other employee programs and benefits.

Orientation and Training:

- 1) **Executive Orientation**: Will be conducted prior to the formal announcement and initiation of the EAP contract. The one-hour orientations will be conducted for all management personnel and all employees with supervision at part of their day-to-day role at the following six DEP locations:
 - Fairmont
 - Kanawha City
 - Logan
 - Oak Hill
 - Philippi
 - Wheeling

A schedule of the sessions for each of the locations (see above) will be established (with input from DEP regarding in-house scheduling and availability of staff) within 90 days of the award of the contract.

2) Supervisor/Manager Orientation: EARS will provide an EAP overview for managers/supervisors, on how to use the EAP for performance issues; how to identify the signs of an employee who may need help; and how to maximize the EAP. The one-hour presentations will be made to inform management and supervisors regarding the components of the EAP, and processes for accessing those services. The training will also incorporate how and when to confront a troubled employee, how to make mandatory EAP referrals, and how to avoid supervisory pitfalls. As in the past 4 years, Peoplework Solutions will continue to be available to management for ongoing professional consultations (by phone or in person) regarding individual problematic employee performances or behaviors.

- Presentation to all DEP Employees: An EARS representative will meet with employee groups to inform employees about the services and to answer their questions. Informational materials will be also distributed at the Employee Orientation at the following six locations:
 - Fairmont
 - Kanawha City
 - Logan
 - Oak Hill
 - Philippi
 - Wheeling

Employees will also be encouraged to access the New Employee Orientation on the Peoplework Solutions website.

- 4) **New Employee Orientation**: Peoplework Solutions will provide an orientation program, as scheduled usually quarterly, at the DEP offices in Kanawha City for new employees regarding the following:
 - What Is An Employee Assistance Program? (EAP)
 - What Are The Services Of An EAP?
 - Who May Access The EAP Services?
 - How Do I Access The EAP Services?
 - Questions & Answer Segment

During the session, new employees will be encouraged to utilize the EAP services when needed (for themselves and their immediate family members living in the household). New employees will also be provided written information regarding the EAP program, which will include a wallet-sized card for future reminder and use. These sessions will be provided via personal presentation by staff, or via a video provided to DEP staff. The new employees will also be encouraged to access the New Employee Orientation on the Peoplework Solutions website.

4) Training: Peoplework Solutions will provide up to two one-hour workshops per year at each DEP location. All training will be provided by professionals; will be tailored to the needs of the Division of Environmental Protection; will include specific examples of issues; and will include a question and answer segment. (See section: Personal Education Workshops.)

Ongoing Management Consultations:

On an as-needed basis, ongoing consultation will be provided for managers and supervisors on the conflict-resolution process, and confronting performance issues. The consultation will assist managers and supervisors with appropriate techniques on how to effectively resolve or manage problems in the workplace. When problems require conflict resolution, EARS professionals may assist with the process. This assistance, when requested, will entail Peoplework Solutions' meeting with supervisor/s and employees to facilitate the resolution/ management of the conflict. In addition to our previously described services, Peoplework Solutions will also provide professional consultation to the Department of Environmental Services regarding larger organizational issues when requested by DEP and/or as we see an organizational issue pattern surface, as a result of employee counseling.

Employee Communications Program:

EARS will provide brochures, posters, and EAP literature on a regular basis. Wallet cards will be distributed to all employees and family members and will include:

Toll-Free "800" number access Types of services available Program Description Process and Procedures

A supervisor's manual for assistance in making direct referrals will also be provided. In addition, supervisors/employees will receive our monthly newsletter (Appendix E) providing interesting articles on wellness, employee assistance issues, behavioral health and workplace topics focusing on prevention and encouraging EAP usage. Promotional materials will be developed in conjunction with utilization reviews and management input at least once per quarter. In addition, Peoplework Solutions' staff will be available to staff a booth at scheduled Health & Benefit Fairs developed by DEP. A plan for the yearly communications programs will be developed in conjunction with DEP staff and the DEP calendar, within the first 90 days of the contract award.

Personal Education Workshops:

A total of 12 one-hour workshops will be provided to the Department of Environmental Protection. Two one-hour educational workshops will be provided at each location per year or as requested by the EAP coordinator, with the designated EAP Coordinator and Peoplework Solutions jointly determining the subject matter. Topics will generally relate to common EAP issues such as alcohol/drug awareness, parenting skills, balancing home and work, interpersonal communications, personal budgeting, stress management, healthy lifestyle, coping with change, etc. However other topics may be chosen (see Appendix A for a list of frequently requested workshops). The time, topic and location of the workshops will be determined by the DEP EAP coordinator and

EARS training director. The topic of the workshop will be tailored to the needs of DEP employees at each of these locations. These scheduled seminars will focus on helping DEP employees improve life and health skills, on encouraging trust in the EAP process, and on seeking early consultation for emerging personal or professional problems.

Personal Consultation Services:

Each employee and/or eligible family member may receive 1 to 8 counseling sessions, at no cost to the employee or family member, to assess the type and degree of problem that may be diminishing the employee's capacity to work or quality of life.

The EAP counseling includes:

- Problem assessment verification and clarification
- Exploration of options and alternatives, and new techniques
- Development of action plan and goals
- Support and follow up

During the initial assessment phase, should the need for long-term therapy or treatment be identified, referrals to the most appropriate outside resources will be made as quickly as possible, to facilitate effective long-term treatment. One to two sessions is normally required for assessment. Less complex life issues may be, and often are, resolved in four to six additional sessions. More than 70% of the employees who use the **EARS** program do not require services beyond the short-term, solution-focused EAP counseling, other than to community resources with little or no fee-for-service.

The employee and/or eligible family member can access the EAP service through our local number or our "800" number. These phones are answered 24 hours a day, 365 days a year. When required the employee will receive a scheduled appointment within 3 days of their initial contact, and will be seen as quickly as the employee's schedule allows. In emergency situations, individuals will be seen by a licensed Masters level Behavioral Health Professional within 24 hours. Crisis counseling, via the telephone, is available on an immediate basis, 24 hours a day, 365 days per year. Telephone consultation/counseling is available on a continual basis. When the problem is of a nature requiring immediate intervention, a counselor will be available to assist. Should emergency treatment services be necessary, the counselor will make those arrangements. Regular office hours are from 9 am to 5 pm at our main location at 497 First Avenue South, Nitro, WV; however, evening and weekend appointments are also available, when appropriate.

When a problem requires ongoing, long-term counseling, **Peoplework Solutions** will refer the individual to a Masters or Phd. level professional specific to the employee's needs and resources, and within their preferred geographic area. Any costs for continued counseling or therapy will be the responsibility of the employee and will also be a referral factor. As Peoplework Solutions is a true, "free-standing" EAP program which is not a part of a Mental Health System, every effort will be made to refer the employee to

the most appropriate providers. To avoid conflict of interest, counselors are prohibited from referring employees or family members to the EAP counselor's own practice or organization. Individuals will be provided three (3) referral sources, unless three qualified services are not available in their area or under their insurance plan. Only in areas where there are limited resources or extenuating circumstances, may an employee select an **EARS** counselor for ongoing counseling with a request for a treatment waiver.

Screened and Monitored Referral Service:

When necessary, due to chemical dependency treatment, serious mental health issues, or any issue requiring highly specialized care or hospitalization, EARS counselors will provide referral to screened and monitored treatment resources if necessary. Consideration will be given to the assessed problem, the preferences of the employee in terms of gender, if possible, of the therapist, the location of the resource, fees, and third-party coverage. All referrals will be handled with extreme care to assure objectivity. The final choice as to which referral resource is chosen will always made by the employee, except in certain life or health-threatening situations. In cases for which a referral resource for needed services outside of the EAP is not readily identified or available, the EARS counselor will research resources, help to identify gaps in service or unmet needs, and/or serve as advocate for the employee or family member to help expedite and facilitate the referral process. Fees for professional services rendered (if applicable) by resources other than the EAP will be the responsibility of the employee and/or his or her group medical insurance.

In situations in which an employee requires hospitalization or leave from the worksite, EARS will monitor and assist, when approved by the employee and employer, a Return-To-Work initiative. This may include meeting with supervisors and/or other workers to insure understanding and matching of expectations, and to provide support and smooth integration. Substance abuse follow-up may continue for a period of one year.

Case Management Services:

In the event of mandatory referrals, **EARS** will assist the referring supervisor with evaluations and follow through on the issues related to the referral. If agreed to by the client/employer, the counselor may participate in joint discussions for problem resolution, the development of a plan of action, and case management services.

EAP Reporting:

Confidentiality is the cornerstone of an effective EAP. All information regarding employees and family members will be held in strict confidence. At **Peoplework Solutions** all EAP records are kept in locked files in a secured vault. Records are coded with numbers rather than names. No information is ever released without the employee's written consent. The only exception would be those situations required by law, i.e.

eminent danger to self or others (Duty to Warn). In situations of mandatory referrals or "need to know" situations, a signed release from the employee will allow for discussion of basic issues regarding individual participation and Return-To-Work expectations. All forms and communications comply with HIPPA regulations.

Semi-annual reports will be submitted to the Division of Environmental Protection liaison (s), and will consist of statistical information only. No names will be used and reports will include information relative to type of problem, symptomology, services provided, and outcome and/or follow-up referral, only to the extent that no identity is revealed. Data will include the number of persons accessing the service by classification of presenting issue; and if the client was an employee or family member. An annual report will be submitted with year-end statistical data and analysis of program effectiveness. Peoplework Solutions acknowledges that all employee records are the property of the State of West Virginia. Upon termination of the contract, all employee records will be turned over to DEP at no cost to the agency or will be transferred to another vendor in a safe and secure manner. If DEP or another vendor does not request the employee records within one year, all employee records will be destroyed in a safe, secure, and confidential manner.

Critical Incident Intervention Services:

Incidents of workplace violence, death of an employee/ co-worker, natural tragedies, and other critical situations can leave employees traumatized, de-focused, and unproductive. **Peoplework Solutions** will provide on-site assistance in the event of a critical incident. It has been determined that appropriate rapid response and debriefing is effective in decreasing the negative impact of such incidents, and prevent long-term problems for employees and the organization. **Peoplework Solutions** is one of the few EAP's which provides on-site critical incident intervention. These services are included in the monthly contract cost. EARS professionals are part of a national network with expertise in workplace violence/crisis and de-briefing/intervention.

Management Issues Clarification:

Periodically organizations and/or management of organizations experience individual performance or larger organizational issues which require professional consultation for clarification, processing, and identifying appropriate procedures for effective resolution. Peoplework Solutions will serve to consult management staff in situations in which clarification and effective intervention regarding a particular employee or organizational issue is requested by DEP staff. In addition, in situations in which the staff of Peoplework Solutions becomes aware of possible larger organizational issues which surface and are identified during counseling of employees, we propose to consult with the DEP management, without betraying confidentiality, to inform the department of such issues; and to work with the staff, if requested, to develop ideas and steps to resolve the identified issue/s.

Telephone/Call-In Counseling:

Routine self-referrals, and certainly urgent self or mandatory referrals may at any time be accomplished by phone. Our phones are answered by staff, with no menu or computerized prompts. Clients may access our offices 24 hours per day 365 days per year at (304) 722-9119 or our toll-free number 1-800-823-6029. Employees may access counseling by phone in cases of urgency or more routine situations, and will be provided counseling by phone. We will, however, encourage employees to utilize our face-to-face counseling services, following an initial phone counseling session; because it is our firm professional belief that facial expression, body language, and demeanor are vital to the counselor to maximize the counseling experience and its outcome. In those cases, however, in which an employee or family member resides in an under-served area (most typically, rural) where accessing one of our state-wide providers would entail travel, or an area in which there is little to no anonymity ("everybody knows everybody's business"), phone counseling will be provided.

On-site Group Intervention:

In situations in which DEP is experiencing a Critical Incident affecting a particular group of employees; a lack of teamwork which is lowering morale and productivity; and/or a conflict within a group which is affecting the ability of employees to work to their optimum, DEP may request that Peoplework Solutions conduct an on-site group intervention to manage the critical incident, resolve the conflict, or improve teamwork to maximize morale, productivity, and ultimately the bottom line.

STAFFING

Peoplework Solutions employs a network of licensed Masters, and Phd. level behavioral health professionals (including Psychologists) to provide EAP services throughout West Virginia and bordering states. Our staffing will provide easy access to the services for employees (and family members) of the Division of Environmental Protection.

If an employee or family member is located in an area not presently served by our counselors, or more than one hour away from our closest counselor, we will make arrangements for a similarly qualified professional to meet with them within five working days.

The professional counseling staff within the Peoplework Solutions network is trained and credentialed in the following areas:

(304) 722-9119

- > Family Counseling
- > Child Counseling
- ➤ Adult Counseling
- > Senior Counseling
- ➤ Adolescent Counseling
- ➤ Psychological Testing
 (Employee Assistance Program Inventories EAPI; Substance Abuse Subtle Screening Inventory SASSI; Beck Depression Inventory BDI-II; Hamilton Anxiety Scale, etc.)

BILLING

Peoplework Solutions proposes to provide a full-service, broad brush EAP for the Division of Environmental Protection. This service is flexible and can be implemented in several ways. The standard is a monthly billing process. Utilization, benefit and cost will be reviewed in an ongoing manner.

Investment:

Monthly Rate: \$2.00 per employee per month.

Yearly Rate: \$2.00 X 12monthsX 825 employees = \$19,800.00 per year. One to eight sessions per employee/family member per problem (unlimited

problems per person)

ADDITIONAL CONTRACT SERVICES

Informational leaflets for employees
Wallet Cards
Return-to-Work Monitoring (when appropriate)
Program Review & Consultation
Monthly Newsletter
EAP Posters