# West Virginia's Employee Referral Program Booklet



Sponsored by:

The West Virginia Division of Personnel's

Organization & Human Resource

Development Section and the Department

of Health & Human Resources

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# How Does The Employee Referral Program Work?

The Employee Referral Program provides employees and their families with opportunities to obtain assistance for a variety of personal problems which may affect their continued functioning as productive members West Virginia State Government or society as a whole. **Confidential** referrals are made for treatment with independent, offsite, professionals who are experienced in a wide range of issues including relationship, conflict, family concerns, and alcohol or drug abuse that can have a negative affect on the employee's personal and work lives.

This Employee Referral Program Directory provides information regarding services for individuals who have substance-related problems. The directory is published as a service to State employees and is intended to provide contact information for substance abuse treatment programs located throughout the State. Although many service providers are represented here, the list is not intended to be all-inclusive. In many communities, individual professionals such as licensed psychologists, licensed social workers, and licensed professional counselors also provide services for chemically-dependent/abusing individuals and their families. Some hospitals also provide inpatient substance abuse services as part of their psychiatric or general medical services.

If you would like further information concerning treatment resources available in the State, please write or call:

Merritt Moore, Adult Treatment Services Coordinator

Bureau for Behavioral Health & Health Facilities

Division on Alcoholism and Drug Abuse

350 Capitol Street, Room 350

Charleston, WV 25301-3702

304-558-3847

No liability can be accepted by the State of West Virginia for any services, treatments, or counseling provided by the listed agencies or their employees, or any acts of misfeasance, nonfeasance, or malfeasance by the same. The individual and/or his or her family or representative are encouraged to evaluate any agency to determine if it will meet the individual's or family's needs.

# What Can I Expect From This Program?

Comprehensive Community Behavioral Health Centers

Adult Residential Programs serve males and females over the age of 18. These programs provide individual and group counseling, support groups, and other services within an intensive 24-hour therapeutic environment. Contact the individual programs for information concerning admission procedures and payment requirements.

Adult Transitional Living Services provide a supportive living environment for adults who are in the process of recovery from addiction and who have generally completed a more intensive treatment program (usually residential).

Specialized Services for Women include a variety of programming directed to the specific needs of women who abuse alcohol or other drugs. These services include outreach services, outpatient treatment services, extended residential treatment/ transitional living services, and residential treatment services which make it possible for women to continue residing with their children while receiving treatment.

Adolescent Treatment Services include outpatient, intensive outpatient, and residential treatment services tailored to the specific treatment needs of adolescent substance abusers.

# What Is My Insurance Coverage?

What costs will my health benefits cover?

Your benefits are dependent upon the plan you've joined. Managed care plans cover the same types of services as described for the PEIA Indemnity Plan.

Mental Health and Chemical Dependency Benefits:

### PEIA INDEMNITY PLAN—

### **Outpatient Services**

PEIA provides coverage for up to 26 visits per calendar year of outpatient mental health and chemical dependency services, including evaluations, referral services, diagnostics, crisis intervention, and therapeutic services.

These visits are covered at 80% after the annual deductible is met. Additional visits beyond the 26-visit limit must be pre-certified by the utilization management firm. The phone number for pre-certifications is printed on the back of your medical ID card.

### Inpatient or Partial Hospitalization Services

PEIA provides coverage for both inpatient and partial hospitalization treatments. These services are covered at 80% after the annual deductible is met. PEIA reimburses up to the maximum allowable fee for the semi-private room rate for inpatient care. All inpatient or partial hospitalization services must be pre-certified by the utilization management firm. Again, the phone number for pre-certifications is printed on the back of your medical ID card.

### **MANAGED CARE PLANS**

Each managed care plan has its own referral procedures for using mental health and chemical dependency benefits. Co-payments also vary from plan to plan. Be sure to read your benefit booklet or call your plan for instructions **before getting services**.

### Who Can I Call?

Appalachian Community Health Center, Inc. Region VII

725 Yokum Street

Barbour, Randolph,

Elkins, West Virginia 26241

Tucker, and Upshur
Counties

Richard Kiley, Ph.D., Executive Director

Telephone: (304) 636-3232 Fax: (304) 636-9243

Eastridge Health Systems Region IX

235 South Water Street Berkeley, Jefferson and

Martinsburg, West Virginia 25401 Morgan Counties

Paul Macom, Executive Director

Telephone: (304) 263-8954 or 263-8955 Fax: (304) 264-0763

FMRS Health Systems, Inc.

Region I

101 South Eisenhower Drive Catchment Area 2

Beckley, West Virginia 25801-4995 Fayette, Monroe, Raleigh and Summers Counties

Michael Mays, M.A., Chief Executive Officer

Telephone: (304) 256-7100 Fax: (304) 256-7111

**Healthways, Inc.** Region XI

501 Colliers Ways Hancock and Brooke

Weirton, West Virginia 26062-5003 Counties

Terry Stemple, Chief Executive Officer

Telephone: (304)723-5440 Fax: (304) 723-0665

**Logan-Mingo Area Mental Health, Inc.** Region II

Post Office Box 176 Catchment Area 1

Logan, West Virginia 25601-0176 Logan and Mingo

Robert Mays, Jr., Executive Director Counties

Telephone: (304) 792-7130 Fax: (304) 792-7146

Mercer-McDowell-Wyoming Mental Health Council, Inc. Region I

200 - 12th Street Extension
Princeton, West Virginia 24740

Catchment Area 1
Mercer, McDowell, and

Judy Akers, Executive Director Wyoming Counties

Telephone: (304) 425-9543 or 425-9541 Fax: (304) 425-1332

### Who Can I Call?

Northwood Health Systems, Inc.

Post Office Box 6400 111 Nineteenth Street

Wheeling, West Virginia 26003-0807

Peter Radakovich, Executive Director

Telephone: (304) 234-3500

Potomac Highlands Guild, Inc.

Post Office Box 1119

Petersburg, West Virginia 26847-1119

Craia Curtis, Executive Officer

Telephone: (304) 257-1155

Prestera Center for Mental Health Services

Post Office Box 8069 3375 U.S. Route 60, East

Huntington, West Virginia 25705-0069

Robert H. Hansen, Executive Officer

Telephone: (304) 525-7851

Seneca Health Services, Inc.

1305 Webster Road

Summersville, West Virginia 26651

Guy H. Hensley, Jr., Executive Director

Telephone: (304) 872-6503, 6505, or 6507

**United Summit Center** 

Number Six Hospital Plaza

Clarksburg, West Virginia 26301-9318

Robert D. Williams, Executive Director

Telephone: (304) 623-5661

Region X

Marshall, Ohio, and

Wetzel Counties

Fax: (304) 234-3511

Region VIII

Grant, Hampshire,

Hardy, Mineral, and Pen-

dleton Counties

Fax: (304) 257-1945

Region II

Catchment Area 2 Boone, Cabell, Clay, Ka-

nawha, Lincoln, Putnam,

Mason, and Wayne

Counties

Fax: (304) 525-1504

Region IV

Greenbrier, Nicholas, Po-

cahontas, and Webster

Counties

Fax: (304) 872-5415

Region VI

Catchment Area 2

Braxton, Gilmer Dod-

dridge,

Harrison, and Lewis

Counties

Fax: (304) 623-2989

### Who Can I Call?

Valley Healthcare System

301 Scott Avenue

Morgantown, West Virginia 26505-8804

Cheryl Perone, Acting Chief Executive Director

Telephone: (304) 296-1731 or 296-1739

Westbrook Health Services, Inc.

2121 East Seventh Street

Parkersburg, West Virginia 26101

JoAnn Powell, Chief Executive Officer

Telephone: (304) 485-1721

Region VI

Catchment Area 1 Monongalia, Marion,

Preston, and Taylor

Counties

Fax: (304) 296-5322

Region V

Calhoun, Jackson, Pleas-

ants, Ritchie, Roane, Ty-

ler, Wirt, and Wood

Counties

Fax: (304) 485-6710

# Addiction Residential Treatment Services for Adults

**ACT Unit** 10 Treatment Beds

**Valley Health Care** 

100 Crosswind Drive

Fairmont, West Virginia 26554

Length of Stay: 21-28 Days

Cindie Wilson, Director Telephone: (304) 363-2228

Provides drug and alcohol treatment for males and females in a residential setting

**Amity Center** 12 Treatment Beds

**Westbrook Health Services** 

Length of Stay: 21-28 Days 1011 Mission Drive

Parkersburg, West Virginia 26101

Dee Prince, Director Telephone: (304) 485-1781

Provides clinically managed residential detoxification services; drug and alcohol treatment for males and females. Accepts chapter 27 involuntarily committed clients state-

wide.

Healthways Inc. - Doctor Lee Jones 10 Treatment Beds

**Miracles Happen Center** 

201 Edgington Lane

Wheeling, West Virginia 26101

Males only

Length of Stay: 90 Days

Judy Kesterson, Director Telephone: (304)242-0217

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### Addiction Residential Treatment Services for Adults

### FMRS - MOTHER (Females)

20 Treatment Beds for women and

Women's Specialized Residential Program

women with children.

Telephone: (304) 256-7146 (Long-term)

After 4:30 pm, call (304) 256-7100 - Let the crises worker know you are seeking a bed

for a female.

Involuntary committed chapter 27 female clients statewide are accepted through the Safe Haven program and are assessed for the MOTHER program when appropriate.

Meets federal guidelines for a Women's Specialized Residential Program. Provides substance abuse treatment for women with or without children for 6 months.

### FMRS - LEARN (Males)

20 Treatment Beds for males

Telephone: (304) 256-7144 (Long-term)

After 4:30 pm call (304) 256-7100 - Let the crisis worker know you are seeking a bed for a male.

Involuntary male clients are accepted through the Safe Haven program and are assessed for the LEARN program as appropriate. Provides substance abuse treatment for males with a length of stay up to 90 days.

### **Futures Residential Treatment Center**

9 Treatment Beds

118 Stratton Street

Length of Stay: 90 Days

Logan, West Virginia 25601

Males only

Sharon Bevins, Director

Telephone: (304)792-7260

Provides substance abuse treatment for males with a length of stay up to 90 days.

### John D. Good Recovery Center

38 Treatment Beds

Box 223

Length of Stay: 10 Days

Hopemont, West Virginia 26764

Telephone: (304) 789-3142

Dave Hoover, Unit Manager

Hope Uphold, Admissions Coordinator

Medically Monitored Detoxification, Recovery Community

Provides intensive inpatient detoxification and assessment for females and males. Primary program for involuntarily committed consumers in the northern part of the state, but will take referrals statewide. Accepts voluntary patients as well. Three to six months long-term for consumers who have completed a short term residential program. Will provide transportation if necessary to and from unit.

# Addiction Residential Treatment Services for Adults

Mirador West 4 Treatment Beds

(Long Term Women's Program)

Women's Specialized Residential Program

Parkersburg, West Virginia 26101

Karen Schimmel, Director Telephone: (304) 485-1721

Melissa Nelson, Contact

Meets federal guidelines for a Women's Specialized Residential Program. Provides substance abuse treatment for women with or without children for up to 6 months.

**Legends (Men's Long Term Residential)** 10 Treatment Beds

2327 Mercer Street

Princeton, West Virginia 24740

Males only

Rose Lockhart, Contact Telephone: (304) 425-9489

Provides substance abuse treatment for males with a length of stay up to 90 days.

Mid-Ohio Valley Fellowship Home

10 Treatment Beds (women)

(Long-term residential)

14 Treatment Beds (men)

ong-term residential)

14 Treatment Beds (men)

1030 George Street

Parkersburg, West Virginia 26101

Patrice Pooler, Director Telephone: (304) 485-3341

Meets federal guidelines for a Women's Specialized Residential Program. Provides substance abuse treatment for women and women with children.

Length of Stay: 6 months to 1 year

New Beginnings 8 Treatment Beds

(Women's Long-term residential)

Length of Stay: 6 months to 1 year

Columbia Street

Fairmont, West Virginia 26554

Nancy Deming, Supervisor Telephone: (304) 363-2500

Provides substance abuse treatment for women without children.

(Women's Transitional Facility)

Parcer Program 20 Treatment Beds

7004 Kanawha Street

St. Albans, West Virginia 25177

Length of Stay: 6 months to 1 year

Kay Lane, Operations Manager Telephone: (304) 722-3368

(304) 766-7336

Provides substance abuse treatment for men.

# Addiction Residential Treatment Services for Adults

### Parcway - Prestera Center

Post Office Box 8069

Huntington, West Virginia 25705

Tami Smith, RN-CARN, Nursing Supervisor, Residential Supervisor

13 Detox Beds - Medically Moni-

tored Detoxification

Length of Stay: 5-7 Days

Telephone: (304) 525-7851

Extension: 1012

After hours: ext. 2545

Provides medically monitored intensive inpatient detoxification treatment for males and females. One of the primary programs for chapter 27 consumers in the southern part of the state and all counties when beds are available.

### **Parcwest**

1420 Washington Avenue Huntington, West Virginia 25704

Tami Smith, RN-CARN, Nursing Supervisor, Residential Supervisor

Provides treatment for males and females.

20 Treatment Beds

Length of Stay: 18-21 Days

Telephone: (304) 697-1790

Extension: 2547

### Renaissance Women and Children's Program

(Long-term)

Women's Specialized Residential Program

Post Office Box 8069

Huntington, West Virginia 25705

12 Beds for women with children 8 Bed for women without children 12 Expansion Beds for women with

children

Length of Stay: 6 months to one

year

Kim Miller, Director of Women's Substance Abuse Services

Telephone: (304) 525-4673

Provides substance abuse treatment for women with or without children. Meets federal guidelines for a Women's Specialized Residential Program.

# Adult Transitional Living Programs

# **Braxton County Fellowship Home**

72 South Stonewall Street Telephone: (304) 765-2616

Sutton, West Virginia 26601

Jack Peters, Director

Kanawha Valley Fellowship Home, Inc.

1121 Virginia Street, East Telephone: (304) 342-8051

Charleston, West Virginia 25301

Ken Stewart, Director Fax: (304) 342-8053

Mercer County Fellowship Home, Inc.

421 Scott Street Telephone: (304) 327-9876

Post Office Box 4211

Bluefield, West Virginia 24701

James McClanahan, Interim Director Fax: (304) 327-6234

Mid-Ohio Valley Fellowship Home, Inc.

1030 George Street Telephone: (304) 485-3341

Parkersburg, West Virginia 26101

Patrice Pooler, Director Fax: (304) 485-3396

**Rainbow House** 

Post Office Box 114 Telephone: (304) 592-3592

Gypsy, West Virginia 26361

Fred Byers, Manager Fax: (304) 592-3592

# Adult Transitional Living Programs

# Rea of Hope Fellowship Home

1429 Lee Street Telephone: (304) 344-5363

Charleston, West Virginia 25301

Marie Beaver, Director Fax: (304) 344-5844

**Serenity Fellowship Home** 

200 Columbia Street Telephone: (304) 367-1185

Fairmont, West Virginia 26554

Jesse Lawson, Supervisor Fax: (304) 363-0263

Southern West Virginia Fellowship Home, Inc.

Post Office Box 500 Telephone: (304) 253-1441

Beckley, West Virginia 25802-00050

Lee Cook, Director Fax: (304) 253-1441

### The ADAPT Program

FMRS Mental Health Council 101 S. Eisenhower Drive Beckley, WV 25801

Phone: (304) 256-7100 or 256-7139 Website: http://www.fmrs.org

The ADAPT Program (available in Raleigh County) provides specialized services for twelve or more weeks. Adolescents attend the program four days a week, gradually stepping down the number of days a week until program completion. The program lasts three hours a day, and is held during hours that do not interfere with school attendance.

Program Services include intensive and supportive groups designed to assist the adolescents in making changes that will enhance their willingness and ability to develop and maintain a drug free lifestyle. Co-occurring disorders are also addressed not only in individual or group counseling, but also by a board certified child psychiatrist as needed. The program allows for family involvement in the treatment process. Transportation services are provided within a one hour radius of the program site.

FMRS accepts most insurance plans, Champus, Medicare and Medicaid. They also have a sliding fee. Substance Abuse Services are provided in part through funds received from the State of West Virginia, Office of Behavioral Health Systems, Division of Alcoholism and Drug Abuse.

### **Prestera Center**

Website: http://www.prestera.ora

### Children's Outpatient (Clinic Based)

The Children's Department general case management team is located at

One Prestera Way (adjacent to 3375 U.S. Rt. 60 East),

Huntington, W.V. 25705.

Contact: Danielle Hemmings, 304-525-7851, ext. 1268

Description of Services:

The Children's Department Outpatient Program provides essential outpatient and targeted case management services (such as advocacy, linkage, referrals, assessments, and service plan evaluations). The case manager is responsible for overseeing and coordinating the consumer's treatment at Prestera Center. This individual conducts on going assessments of the consumer's individual strengths and needs, schedules and facilitates treatment team meetings, links consumers with needed services, communicates with individuals relevant to the consumer's treatment, and serves as an advo-

cate for the child and his/her family when necessary. The case manager may also provide supportive intervention sessions to improve day-to-day coping and problem-solving skills, if such needs are identified on the treatment plan. Case management activities may be performed at the main center, in the client's home or in the community if the consumer has a diagnosis that qualifies him/her for off-site services.

This program also provides therapy services to children ages 5 - 18. Therapists work with the children and their families to develop an individualized treatment plan. Services include individual therapy, family therapy, ADHD screenings and psychological evaluations.

### Cabell and Mason In-Home Services

In-home services program offices are located in Cabell County at 3375 U.S. Rt. 60 East Huntington, WV and in Mason County at 715 Main Street Point Pleasant, WV 25550

### Contacts:

Cabell Co.- Rebecca Cremeans, 304-525-7851 ext. 2124

Mason Co.- Zach Taylor 304-675-2361 or 525-7851, ext. 3521

### Description of Services:

The In-Home Services program case manager provides targeted case management, such as advocacy, linkage, referrals, assessments, and service plan evaluations. The case manager also provides supportive intervention services sessions to improve dayto-day coping and problem-solving skills if identified on the treatment plan as a need. The in-home services therapist's primary responsibility is to provide individual therapy and family therapy to the consumer. The IHC team conducts on-going assessments of the consumer's individual strengths and needs, schedules and facilitates treatment team meetings, links consumers with needed services and communicates with individuals relevant to the consumer's treatment, and serves as an advocate for the child and their family when necessary. The IHC team ensures that the services respect the needs of the child and the family according to their culture (i.e. urban vs. rural). In the initial phase of treatment the team will provide at least two hours of face-to-face contact per week per client. Each consumer and family will participate in treatment planning and assessment of current functioning to ensure all areas of need are addressed. These activities are conducted primarily in the consumer's home but can be performed at the primary office location of the team or in the school setting during the academic year to minimize school absences.

### **Innerchange**

Cabell: One Prestera Way (adjacent to 3375 U.S. Rt. 60 East) Huntington, W.V.

Contact: Danielle Hemmings, 304-525-7851 ext. 1203

Description of Services:

The Innerchange Programs' Intensive Outpatient services are designed to provide a minimum of twenty hours of structured programming each week, including at least 5 hours of structured educational services (10 hours at Cabell, Putnam and Boone Innerchange). The education and counseling services focus primarily on substance abuse and mental health disorders. Primary services include group therapy and supportive counseling, along with individual and family therapy, medication management, education groups, recreational therapy and other recognized therapeutic techniques. Treatment is based on the individual strengths, needs, abilities and preferences of the individuals served. The programs are dual-diagnosis capable and the staff members are cross-trained in the treatment of dual disorders.

Length of Stay:

Average length of stay 6 weeks

(Cabell Innerchange- 6-9 weeks)

### **Intensive Care Coordinators**

Intensive Care Coordinators are located in Cabell, Wayne, and Lincoln counties

Contact: Rebecca Cremeans, 304-525-7851, ext. 2124

Description of Services:

The Intensive Care Coordination Program provides intensive case management and supportive intervention services to children with serious emotional disorders (SED). The ICC ensures that the services respect the needs of the child and the family according to their culture (i.e. urban vs. rural). The following services are provided based upon the needs identified in the treatment plan:

Strength-based assessments- Each child will begin by receiving an assessment that evaluates the family's strengths on each of the life domains. These life domains include: Family (placement), Legal, Well-being, (Medical, Mental, Social/recreational, Spiritual, Safety, Educational/Vocational, and Financial.

Linkage/Referral- The Coordinator will begin linking or making referrals to services that are needed immediately for the family. This process will continue as the treatment plan is developed and needs are identified through assessments.

Safety Plan Development- This plan is to ensure the child and family remain safe through treatment. The plan addresses any issues related to potential harm that may occur to the child or the family. The safety plan should be reviewed at every treatment plan review.

Treatment Planning- The treatment team is led by the ICC. The team consists of the family and those identified system of care partners who should be involved in planning.

Discharge Planning- A discharge plan is developed as part of the treatment plan. It is a plan for services and supports after the child is no longer receiving services from the ICC.

Supportive Counseling- Supportive Counseling is a face-to-face intervention which is intended to provide support to maintain client progress toward identified goals and to assist individuals in their day-to-day management and problem solving.

### **Mentoring**

One Prestera Way (adjacent to 3375 U.S. Rt. 60 East), Huntington, W.V. 25705.

Contact: Rebecca Cremeans-304-525-7851, ext. 2124

Description of Program:

The Prestera Center Mentoring Program is a supplemental service for Prestera Center clients between the ages of ten and seventeen who have been diagnosed with a DSM-IV eligible severe emotional disorder or behavioral emotional disorder. Children and adolescents who are referred to the program receive an adult mentor who is able to provide individualized experiential treatment, outside of a traditional clinical setting, in the form of individual/family/group supportive counseling and activity-based interventions. Supportive intervention sessions and are designed to promote positive behavioral changes that will further improve the student's ability to function at home, at school and in the community. Interventions are strength-based and reflect the needs identified on the individual's treatment plan, (such as anger management, problem solving, and communication/social skills development, etc.).

### **Substance Abuse Mentor:**

Target Population to Be Served:

Males or females age 12 to 18 (and above 18 if still in school).

The student has been identified as having a substance use issue that is negatively impacting their daily functioning or

The student is at risk for relapse from a substance abuse or dependence problem that has not met the criteria for full sustained remission.

The student will have at least a score of 10 on the substance use scale of the CAFAS

Priority will be given to students who have recently completed inpatient or intensive outpatient services for treatment of a substance abuse issue and/or who are at risk of removal from their home environment due to substance-related legal charges.

Service Area to Be Covered by the Program: Cabell County

Description of Services to be Provided:

The Substance Abuse Mentor will maintain a caseload of 12 students and will meet with each student a minimum of once per week during school hours and twice a month in after school sessions. The mentor will assist each student and their caregivers in developing a crisis response plan within 10 days of initiating mentoring services. There are three primary goals for this service:

To connect each student with at least one new positive support system or ongoing activity in the community that is: 1. incompatible with the use of drugs or alcohol and; 2. may serve as a viable substitute for prior activities or peer groups previously associated with substance use/abuse.

Each student will identify the purpose drugs or alcohol serves in their life, personal triggers for substance use, and develop/implement skills for managing conflict and emotions more effectively.

Each student, the primary caregivers and other relevant members of the student's treatment team will participate in developing a relapse prevention plan prior to discharge from the program.

The mentor will provide treatment planning, individual, group, and family supportive intervention, and recreational activities to the students in the program.

Length of Stay:

Each student will receive services up to six months. Participation in excess of six months must be justified on the student's service plan and based on partial achievement of treatment goals, motivation and potential to achieve unresolved treatment goals, and continued eligibility based on admission criteria.

### Respite

Respite services are provided in various locations throughout Cabell, Wayne, Mason, Lincoln, Logan and Mingo counties. The Community Based Supervisor's office is lo-

cated in Cabell County.

Contacts:

Rebecca Cremeans, 1-800-642-3434, ext. 2124

Description of Program:

The Respite program provided by Prestera Center in Region II is designed to give the caregiver(s) of children with special needs a designated break and to provide the child with a positive, social environment. While at Respite, the children participate in activities such as crafts, board games, card games, bowling, movies, and fishing. The children also engage in role plays and other simulated social activities while they are in the program through the S.E.A.L.S. (Self-Esteem & Life Skills) curriculum. The goal of the recreational activities is to provide an interesting forum to deliver skill based interventions that build the anger management, social skills, and basic living skills which many of the children are lacking. These activities are designed to be developmentally appropriate and geared towards the ages of the children, and the duration in which they are provided is modified according to the functional limitations of the children enrolled. The activities are approximately 15-20 minutes each due to the limited attention span demonstrated by many of the children.

The Respite program also provides a service for parents to help them better to communicate or relate to their children. This service utilizes the evidenced based S.T.E.P. (Systematic Training for Effective Parenting) curriculum during each of the sessions. The sessions can be as frequent as a once a week with the Team Leader in the county providing both feedback and modeling to empower the parent to provide structure and discipline in an appropriate manner.

### **School-Based Services**

**Program Locations:** 

Cabell County Schools (16): Altizer Elementary, Central City Elementary, Cox Landing Elementary, Guyandotte Elementary, Highlawn Elementary, Peyton Elementary, Spring Hill Elementary, Beverly Hills Middle, Enslow Middle, Huntington Middle, Milton Middle, Cabell-Midland High, Huntington High, Cabell Alternative, and Cabell County Career Center

Wayne County Schools (3): Spring Valley High, Crum Middle, Ft. Gay Middle

Contacts:

Lora Sammons, School Based Services Supervisor

### Description of Services:

School-Based Services include one or more of the following services: screening, assessment, psychological evaluation and testing, therapy (individual, group or family), supportive intervention, individualized service planning, case management and crisis intervention. School-Based personnel attend student assistance team and individualized education plan meetings, manifestation and expulsion hearings when invited by the family and/or school. They provide informational presentations to classrooms and faculty at the schools. Within the high schools, personnel are trained to facilitate to-bacco education and smoking cessation programs.

Level of service is determined by student need/motivation and may range from essential outpatient type services (therapy, medication and periodic assessment only) to the full range of services (therapy, case management, supportive intervention, assessment, treatment planning and psychological services). Most students receive services on a bi-weekly basis. Services are provided within the schools, but may also take place at any of Prestera's locations within Cabell, Kanawha, or Wayne, in the consumer's home, or elsewhere in the community when necessary/convenient. Transportation assistance is available to families in need.

### **STARS: Substance Treatment Available to Rural Students**

Funded through SAMHSA (Assertive Adolescent and Family Treatment Program)

STARS operates out of three schools in Wayne County: Tolsia High, Crum Middle and Ft. Gay Middle. Administrative offices are located at Route 60 in Huntington, West Virginia

### Contact:

Lora Sammons, Project Coordinator 3375 U.S. Rt. 60 East, Huntington, W.V. 25705 (304) 525-7851 ext. 2127 Lora.sammons@prestera.org

### Description of Services:

Services provided to STARS participants consist of therapy (individual, group and family), in-home case management, mentoring, recreation and transition services.

# **Children and Family Services Program**

Westbrook Health Services 2121 East Seventh street Parkersburg, WV 26101 Phone: (304) 485-1721

Website: <a href="http://www.westbrookhealth.com/cfs.aspx">http://www.westbrookhealth.com/cfs.aspx</a>

The Children and Family Services Program is a community-based program providing a wide range of services for children with emotional and behavioral problems and their families. Services provided by this program include in-home services, out-patient services, psychological services, psychiatric services, and 24-hour crisis services.

### Youth Services Systems - Bridges

111 North York Street Wheeling, WV 26003 Phone: (304) 233-9627

Youth Services Systems - Bridges has no website available. There is no descriptive information available for this program.

### Branches, Inc.

Post Office Box 403

Huntington, West Virginia 25708

Telephone: (304) 529-2383

Branches, Inc. serves Cabell, Lincoln, Mason, Putnam, and Wayne counties.

### HOPE, Inc.

Post Office Box 626

Fairmont, West Virginia 26554 Telephone: (304) 367-1100

HOPE, Inc. serves Doddridge, Gilmer, Harrison, Lewis, and Marion counties.

### **Family Crisis Center**

Post Office Box 207

Keyser, West Virginia 26726 Telephone: (304) 788-6061 Toll Free: 1-800-698-1240

Family Crisis Center serves Grant, Hampshire, Hardy, Mineral, and Pendleton

counties.

### **Family Refuge Center**

Post Office Box 249

Lewisburg, West Virginia 24901 Telephone: (304) 645-6334

Toll Free: 1-800-645-6334 (www.familyrefugecenter.com)

The Family Refuge Center is a community based domestic violence project serving Greenbrier, Pocahontas, and Monroe counties in southeastern West Virginia. They are committed to ending physical, sexual, and emotional abuse in families. They encourage and promote healthy family life based on mutual respect and support for all family members.

### The Lighthouse

Post Office Box 275

Weirton, West Virginia 26062

Telephone: (304) 797-7233 or 797-0002

The Lighthouse serves Brooke and Hancock counties.

### Rape and Domestic Violence Information Center

Post Office Box 4228

Morgantown, West Virginia 26505

Telephone: (304) 292-5100 (www.rdvic.org)

The Rape and Domestic violence Information Center (RDVIC) provides services to victims of domestic violence, sexual assault, child abuse, and incest. RDVIC serves Monongalia, Preston, and Taylor counties.

Services are confidential and free of charge and include:

- Temporary emergency shelter;
- 24 hour crisis hotline, counseling;
- Advocacy: support, explain procedures, arrange services, and engage in behaviors that enhance victim treatment at the hospital, police station, court, social service agencies, and elsewhere;
- Referrals: link clients with other agencies and services that may assist in obtaining housing, financial assistance, legal services, and other services which may be available;
- Support Groups: child care/tutoring may be available during support groups. Weekly domestic violence groups, bi-weekly incest survivors groups, additional groups as needed;
- Volunteers: recruit, train, supervise volunteers. If interested in volunteering contact 292-5100; and
- Community Education: implement educational and training programs to increase awareness and promote prevention of domestic violence, sexual assault, child abuse, and incest.

### Shenandoah Women's Center

236 W. Martin Street

Martinsburg, West Virginia 25401

Telephone: (304) 263-8522 (<u>www.swcinc.org/index.html</u>)

The Shenandoah Women's Center is the domestic violence and sexual assault crisis, treatment, and prevention program in the Eastern Panhandle of West Virginia. Located in downtown Martinsburg (with outreach offices in Charles Town and Berkeley Springs), they provide confidential support, counseling, and emergency shelter, and have a 24-hour hotline for emergency assistance.

In Berkeley County call (304) 263-8292

In Jefferson County call (304) 725-7080

In Morgan County call (304) 258-1078

### **Stop Abusive Family Environments**

Post Office Box 234

Welch, West Virginia 24801

Telephone: (304) 436-8117 (www.wvsafe.org)

Wysafe.org is a gateway to sites on the internet for domestic violence.

### Women's Aid in Crisis

Post Office Box 2062 Elkins, West Virginia 26241

Telephone: (304) 636-8433 (<u>www.waicwv.com</u>)

Toll Free: 1-800-339-1185

Women's Aid in Crisis (WAIC) is a member of the West Virginia Coalition Against Domestic Violence, one of 13 licensed domestic violence programs in West Virginia. They service Barbour, Braxton, Tucker, Randolph, Upshur, and Webster Counties. WAIC is also a member of the West Virginia Foundation for Rape Information and Services and one of nine such centers throughout the state providing services to victims of sexual assault. Services are available to all regardless of race, color, religion, disability, economic status, sexual orientation, or national origin. All services are confidential and are provided free of charge.

### Outreach Offices:

Braxton County (304) 765-2848 Barbour County (304) 457-2691 Tucker County (304) 478-4552 Webster County (304) 847-2211

Upshur County (304) 473-0106

### Family Options Advocate:

Braxton County (304) 765-7344 Webster County (304) 847-2861 extension 237 Upshur County (304) 473-0070

### West Virginia Licensed Domestic Violence Programs:

Beckley (304) 2552559 Charleston (304) 340-3549

Elkins (304) 636-8433 Fairmont (304) 367-1100

Huntington (304) 529-2382 Keyser (304) 788-6061
Lewisburg (304) 645-6334 Martinsburg (304) 263-8292
Morgantown (304) 292-5100 Parkersburg (304) 428-2333
Welch (304) 436-8117 Wheeling (304) 232-2748

Williamson (304) 235-6121

The West Virginia Coalition Against Domestic Violence Hotline: (304) 965-3552

### **Women's Resource Center**

Post Office Box 1476 Beckley, West Virginia 25802 Telephone: (304) 255-2559

Women's Resource Center serves Fayette, Nicholas, Raleigh, and Summers counties.

### YWCA - Resolve Family Abuse Program

1114 Quarrier Street Charleston, West Virginia 25301

Telephone: (304) 340-3554 (www.ywcacharleston.org)

The YWCA of Charleston has fostered self-sufficiency since 1912 as the city's most diverse and comprehensive network of social service programs. Our programs and services assist more than 10,000 individuals each year. Through shelter, housing, case management, counseling, education, job-readiness, training, childcare, health promotion, and more, the YWCA instills the spirit of productivity and independence in our program participants.

# Programs of the YWCA of Charleston include the following:

### The Alicia McCormick Home for Battered & Homeless Women & Children

Telephone: (304) 415-2682

Email: mccormick@ywcachaswv.org

The Alicia McCormick Home offers battered and homeless women and children a stable transition from shelters to permanent housing. The home features eight 1-bedroom and studio apartments and two 2-bedroom apartments. Residents can stay in the apartments for up to 18 months, which allows them to become self-sufficient before moving out on their own. Supportive services are provided to the residents based on their individual needs. Case management, adult education, job training, skill development in budgeting and parenting, and other services are available during the resident's stay. Residents pay one-third of their income for rent at the apartments.

### The Child Enrichment Center

201 Donnally Street Charleston, West Virginia 25305 Telephone: (304) 340-3560

Email: cec@ywcachaswv.org

The Child Enrichment Center is a non-profit, tax-exempt organization serving children ages 6 weeks to 12 years. The Center is open from 6:00 am to 6:00 pm, Monday-Friday.

### The Resolve Family Abuse Program

Telephone: (304) 340-3549 Crisis Line: 1-800-681-8663 Email: rfap@ywcachaswv.org

The Resolve Family Abuse Program services the entire family, the abused, the children, and the abuser. Most people seeking these services are women and

children.

### Sojourner's Shelter for Homeless Women and Families

Telephone: (304) 340-3553

Email: sojourners@ywcachaswv.org

The YWCA Sojourner's Shelter for Homeless Women and Families is a 75-bed emergency shelter program that provides a safe place of refuge 24 hours a day, 365 days per year to homeless single women, women with children, and intact families which are composed of a married couple with or without children or a single man with custody of his children.

The goal of the program is to address both short- and long-term needs so that residents can become self-sufficient, and ideally, not become homeless again.

Specific services provided include:

- Provide temporary shelter with three nutritious meals and two snacks per day,
- Basic medication, clothing, and shower/laundry facilities,
- Case intervention, case management, information, and referrals as deemed appropriate,
- On-site mental health and substance abuse counselors,
- Education and job readiness training center,
- Assistance with permanent housing and budgeting, and
- Education and enrichment programs for the children of shelter residents, such as tutoring, study skills, the Learn to Earn program, arts, crafts, recreational activities, the Read Aloud program, computer access/educational software, and much more are offered as well.

# Consumer Credit Counseling Services

### Consumer Credit Counseling Service of Southern West Virginia, Inc.

1219 Ohio Avenue (<u>www.cccswvcom</u>)

Dunbar, West Virginia 25064

Telephone: (304) 720-3640 Toll Free: 1-800-281-5969

Consumer Credit Counseling Service (CCCS) of Southern West Virginia is a non-profit organization dedicated to helping people solve and prevent debt problems. CCCS has service locations in Beckley, Bluefield, Charleston, Logan, and Teays Valley, West Virginia.

CCCS helps people solve debt problems by providing confidential counseling and education services. CCCS counselors have helped thousands of people solve debt problems and gain financial control. CCCS is not a government agency. It is a non-profit organization whose staff members have the training and experience to help you help yourself. In many cases, CCCS assists consumers by contacting their creditors and arranging lower monthly payments. All contact is kept strictly confidential. Before making a decision on how to handle a financial problem, give CCCS an opportunity to help.

### Service Locations:

In the Beckley Area:

111 Lebanan Lane

Beckley, West Virginia 25802

Telephone: (304) 255-2499 Toll Free: 1-800-869-7758

In the Bluefield Area:

Green Valley Business Center Bluefield, West Virginia 24701

Telephone: (304) 324-5143 Toll Free: 1-800-313-5097

In the Logan Area: (By appointment only)

201 1/2 Stratton Street, Suite 407

Logan, West Virginia 25601

Telephone: (304) 752-4520 Toll Free: 1-800-281-5969

In the Teays Valley Area:

Mount Vernon Plaza, Suite 101, 3985 Teays Valley Road

Hurricane, West Virginia 25526

Telephone: (304) 201-5017 Toll Free: 1-800-281-5969

# Consumer Credit Counseling Services

### Consumer Credit Counseling Service of the Mid-Ohio Valley, Inc.

2715 Murdock Avenue Parkersburg, West Virginia 26101 Telephone: (304) 485-3141

Toll Free: 1-866-481-4752 (www.cccsmidohiovalley.com)

The Consumer Credit Counseling Service of the Mid-Ohio Valley is a non-profit community service organization which helps residents of the Mid-Ohio Valley who are experiencing financial difficulty. It is not a collection agency, nor is it a charity or lending institution. It does not provide funds for paying anyone's debts. As its name implies, it is primarily a counseling service.

Their mission is to provide community service dedicated to delivering professional credit counseling, credit education, and debt reduction programs, and to promote fair and equal housing to all persons regardless of race or financial status.



For additional copies of this booklet contact:

WV Division of Personnel

Organization for Human Resource Development Section

1900 Kanawha Boulevard, East

Charleston, West Virginia 25305

(304) 558-3950 Extension 57204

Or

Print copies from

http://www.state.wv.us/admin/personnel/