

9644
MENTAL HEALTH THERAPIST

Nature of Work

Under general supervision, performs full-performance level inpatient mental health clinical services within a state hospital or other state facility. These positions involve the application of principles, methods, and theories of counseling, psychotherapy, human development, learning theory, group and family dynamics, rehabilitation and the etiology of mental illness and dysfunction behavior to render professional counseling services to individuals and groups. Work is typically performed as part of an interdisciplinary team and is evaluated by the improvement of client status during treatment. Exercises considerable latitude to choose methods and approaches. Performs related work as required.

Examples of Work

Interviews clients to obtain social history and develop a plan of care.
Ensures patient/family involvement in treatment planning.
Provides individual, couple, family and/or group therapy in accordance with the developed treatment plan.
Updates patient treatment plans with change of condition and patient response to care.
Ensures treatment plans include specific measurable goals, objectives/interventions and defining actions unique to each patient's needs and personal growth.
Documents findings and patient response to treatment in a clear, complete and timely manner.
Writes recommendations concerning recommended treatment and expected progress for clients.
Performs crisis intervention.
Conducts background interviews with new admissions.
Conducts individual or group therapy sessions to facilitate treatment.
Develops, maintains and monitors treatment programs.
Attends treatment team meetings and provides information concerning client progress.
Collects data and reviews literature for reports.
Compiles client information files that include information such as client intake histories, treatment plans, progress documentation, reports written to agencies and courts and discharge summaries.
Assesses patient needs for discharge teaching and/or referral.
Ensures documentation on reviews are based on the treatment plan goals/objectives and reflects progress or failure to progress toward goals.
Communicates on a regular and timely basis with relevant members of the treatment team and family members as appropriate.

Knowledge, Skills and Abilities

Knowledge of the standards, practices and methods in applied experimental, clinical, counseling, educational, measurements, or social psychology.
Knowledge of agency, state and federal laws, rules, regulations, policies and procedures.
Knowledge of departmental programs and goals.
Knowledge of behavior modification techniques and philosophies.
Must possess strong computer skills.
Ability to communicate effectively and tactfully with clients, other employees, employers and the public.
Ability to observe changes in behavior.
Ability to maintain accurate records, progress notes and coordinate with other care providers.
Ability to establish and maintain client rapport.

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MENTAL HEALTH THERAPIST (cont'd)

Minimum Qualifications

Training: Graduation from a regionally accredited college or university with a Master's degree in Psychology, Social Work, Counseling or Education.

Experience: Minimum one (1) year full-time or equivalent part-time or volunteer experience working with the mentally ill.

Established: 07/19/2018

Effective: 07/19/2018