### OCCUPATIONAL THERAPIST 1

#### Nature of Work

Under general supervision, performs full-performance professional work providing comprehensive occupational therapy in a state facility. Evaluates clients' conditions in a number of areas, develops and implements treatment plans, and works with staff and family to achieve goals. There is considerable latitude to choose methods and approaches. Work is monitored until proficiency in facility procedures and practices are demonstrated. Work is evaluated by measurable improvement in clients' conditions. Performs related work as required.

### Distinguishing Characteristics

The Occupational Therapist 1 is distinguished from the Occupational Therapist 2 by performing occupational therapy duties involving the implementation of treatment and evaluation of clients and the absence of directing an occupational therapy unit at a state facility.

## Examples of Work

Evaluates client's capabilities such as general physical strength and endurance, range of motion, gross and fine coordination, visual perception, and psychosocial skills through application of occupational therapy methods and techniques.

Develops and implements client's treatment plan; trains client in daily living and work skills techniques.

Recommends prosthetic, orthotic and other assistant devices to meet client's individual needs; designs and orders equipment; instructs client in use of equipment.

Documents services and summarizes client's progress through program evaluation, quality assurance and discharge reports.

Attends team meetings and may recommend course of occupational therapy treatment.

Consults with family members; prepares home programs.

Schedules client for occupational therapy activities.

May assist in training and supervising aides, interns, and clerical personnel.

### Knowledge, Skills and Abilities

Knowledge of the principles and practices of occupational therapy.

Knowledge of the proper body mechanics and the muscles and their innervations.

Knowledge of occupational therapy materials and equipment.

- Ability to apply the methods and techniques of occupational therapy in developing a program of treatment and rehabilitation.
- Ability to work with mentally or physically handicapped individuals.
- Ability to plan and direct client treatment programs.
- Ability to observe and evaluate client reaction to therapy and to report on client's progress in written form.
- Ability to operate standard occupational therapy equipment.

# Minimum Qualifications

**TRAINING** Graduation from an accredited college or university with a major in occupational therapy.

**SPECIAL REQUIREMENT** Eligibility for licensure in West Virginia as an occupational therapist.

Established: 7/16/92 Effective: 8/16/92